



# Chester SSP



## Newsletter



September 2017

Welcome to the first edition of the Chester School Sport Partnership newsletter in 2017-2018. We hope that you had a lovely summer break and are looking forward to the year ahead.

If you are a new Head Teacher or PE Co-ordinator in your school and would like to meet with one of us to find out a bit more about the School Games, what we do and how we can help you, please contact Claire or Elizabeth and we will come to your school and meet with you.

We are also in the process of updating our contact lists, so please do tell us if you are no longer the PE lead, or you are new to the role and would like to be added to our distribution list.

Thank you to all the schools who have returned their agreement forms for the Primary Schools Membership Package, if you have not done so yet, please can you return it at your convenience.

The School Games have re-launched their website, all schools now need to register for teacher accounts to gain access to the website. Please read page 6 of this newsletter for more details.

We would also like to engage with more secondary schools this year, helping you with planning for School Games Mark, setting up school sports councils / organising committees, Change 4 Life Clubs and also with some leadership programmes. We will be in touch throughout the year as and when the opportunities arise.

### Primary PE & Sport Premium

The Department for Education (DfE) has announced some changes to the Primary PE & Sport Premium pages on the Gov.uk website to reflect recent ministerial decisions on the allocation formula for the doubled Primary PE & Sport Premium.

The high level changes are that from September 2017:

- Schools with 16 or fewer eligible pupils receive £1000 per pupil; and
- Schools with 17 or more eligible pupils receive £16,000 and an additional payment of £10 per pupil

This is a straight doubling of the current formula and will mean that all schools will be able to deliver further improvements to their PE and Sport provision. The mechanism for payment will remain the same, with schools receiving 7/12ths of funding in Oct/Nov and the remaining 5/12ths in April/May.

The DfE will publish the school level breakdown of funding for the academic year 2017 to 2018, including conditions of grant, in October 2017.

For more information, please visit:

<https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools>

## School Games Mark 2016-2017

A huge congratulations to all the schools who applied for School Games Mark in 2016-2017. The School Games Mark award shows how strong PE and Sport is in our area. We have had another record year with 24 schools achieving an award, well done.

The application window is now closed, and the award criteria for 2017-2018 will be released Spring 2018, with the window for applications opening in the Summer. If your school would like to apply for the School Games Mark Award for 2017-2018 and you would like help in planning for the award, please contact Claire or Elizabeth and we will help you in this process. All schools may apply for the award.

Schools awarded the School Games Mark for 2016-2017:

### Gold:

Cherry Grove Primary School  
JH Godwin Primary School  
Saughall All Saints CE Primary School  
The Firs School  
Oldfield Primary School  
Belgrave Primary School  
Delamere Academy Primary School  
Highfield Community Primary School  
Acresfield Primary School  
Overleigh St Mary's CE Primary School  
Mickle Trafford Village School  
St Clare's Catholic Primary School  
Waverton Community Primary School



### Silver:

Lache Primary School  
Chester Blue Coat CE Primary School  
Hoole CE Primary School  
St Werburgh's & St Columba's Catholic Primary School  
Blacon High School  
Upton Westlea Primary School  
Tarvin Primary School  
Huntington Community Primary School

### Bronze:

Newton Primary School  
St Theresa's Catholic Primary School  
Dorin Park School



## School Sport Organising Crews / Committees

School Sport Organising Crews (primary) / Committees (secondary) are groups of young people who join together to lead the planning and delivery of school sport clubs and intra-school competition programmes in their school. Some schools know these as School Sports Councils. They influence and shape the school sport offer for their peers through deciding on the types of competitions to be held, their structure and where and when they take place, making it more attractive and accessible for all young people.

To aid the development of School Sport Organising Crews / Committees in your school, please refer to the School Games website on [www.yourschoolgames.com](http://www.yourschoolgames.com). Alternatively we can come to your school to aid you in this process.

If you would like some help in setting up your Crew / Committee, please contact us and we can meet with some of the young people involved and help them to set one up in your school.

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## Competition Calendar

All the primary competitions for the 2017-2018 year are on our website [www.chesterssp.co.uk](http://www.chesterssp.co.uk) and you can now enter the Year 3&4 Tag Rugby Megafest, and the Year 5&6 Tag Rugby competitions by booking direct on the website.

Many of our events are Level 2 School Games competitions which lead to the Level 3 county finals of the School Games.

We also have development competitions / festivals that cater for 'B teams', these events are specifically for you to include a team of your 'non sporty' children to give them an opportunity to take part in an event where there is less pressure on winning, and more on taking part and enjoying themselves.

In addition we have festivals such as the Tag Rugby Megafest, Year 2 multi skills, SEN multi sports and Diamond Cricket, where there are no scores taken at all, and it is purely for enjoyment, participation and for schools to use towards 'targeted groups' if they wish.

As in previous years, the Men's and Women's Secondary PE Departments run an excellent competition programme and we will be using the winning schools from many of their events to take part in the Level 3 School Games Festivals.

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## Photographic Consent

When schools enter any of our competitions, it is up to the teacher / adult accompanying the school group to inform us as to whether any of the children do not have photographic consent.

Photographs are taken at all our events by ourselves and other schools / teachers / parents, and we assume that consent is provided unless informed otherwise. We also double check when schools fill in the school data sheet on arrival to inform us accordingly. As a reminder, if you do post any pictures on social media, please do not name the children.

## Change4Life Sports Clubs (Primary)

Primary Change4Life Sports Clubs (C4LSC) are built on a clear need to develop a new type of school sports club to increase physical activity levels in the less active young people. A sustained and embedded Change4Life 'Inspired' club:

- Creates a sense of belonging for young people \*
- Creates an exciting and inspirational environment
- Runs for a minimum of 12 weeks \*\*
- Aims to maintain an increase in physical activity, including engaging in the 'School Games'
- Promotes healthy active lifestyles and supports Change4Life campaign messaging

### Model of good practice: Developing a sustainable club structure



\* Many clubs have been called something different to 'Change4Life Clubs' to give schools and young people greater ownership of their club.

\*\* Clubs should aim to run for at least 12 weeks to be effective at increasing physical activity behaviours. Clubs should be scheduled into a schools annual activity plan, even if it doesn't run in every term.

Change4Life Sports Clubs are often most effective when young leaders are integral to the running of the activities and in turn ensure the clubs are more sustainable. Being a Change4Life champion allows a young person that first leadership opportunity. Keep an eye out for dates for our C4L Champions Training!

Further information and resources for C4L Clubs can be found on:  
<https://www.nhs.uk/change4life-beta/activities>



## CPD—Active Maths

On Wednesday 27th September there will be a FREE Active Maths CPD session at Saughall All Saints CE Primary School from 1.30pm—4pm.

The course looks at the research, rationale and benefits of ‘active learning’ and gives teachers practical ideas on how to implement ‘Active Maths’ in to the curriculum.

Delegates will be introduced to the highly acclaimed and praised resource ‘Maths of the Day’ – a website that provides teachers and teaching assistants with over 1000 lesson plans on how to deliver ‘active maths’.

The resource is used in schools across the UK and internationally and is having a huge impact on attitudes to maths, attainment in maths, levels of physical activity and whole child development.

Who is the course for?

Maths leaders/PE leaders/HT’s/SLT

Any teacher concerned/interested in raising standards in maths / increasing levels of physical activity

*Please note: This course is not appropriate for Teaching Assistants or PE coaches/outside agencies working within schools*

To book a place on the course, please log onto [www.chesterssp.co.uk/cpd](http://www.chesterssp.co.uk/cpd)

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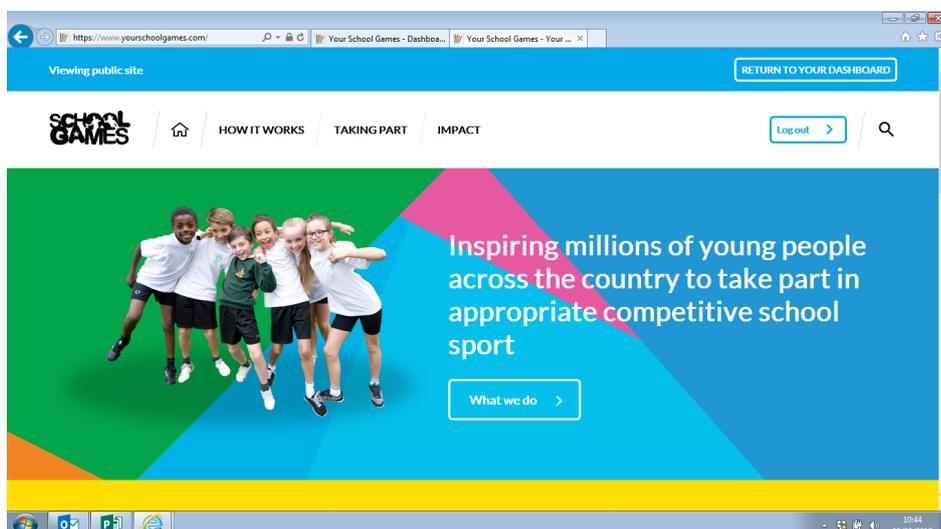
## School Games Website ([www.yourschoolgames.com](http://www.yourschoolgames.com))

Over the summer break the School Games website has been re-launched. It has a new format and should be easier for schools to navigate around.

All schools registered on the old website should have already received an email to their designated contact (the user registered on the previous website) asking them to register for a teacher account. The link they were sent is: <https://www.yourschoolgames.com/register/>. If anyone wants to use the new Your School Games website, they need to register first.

One of the benefits of the new website is that now, schools can have more than one teacher register and have access to the website. Rather than having a username and password, access is through a registered email address and password. Please do register now.

If you have any problems or queries in relation to the new website, please contact us and we will see if we can help.



## 10 Minute Shake Up from Change4Life with Disney

Change4Life, Public Health England's campaign to help families lead healthier lives, together with Disney, have launched a range of new 10 Minute Shake Ups teaching materials. The initiative aims to help kids move more throughout the school day.

Inspired by six magical Disney stories, 10 Minute Shake Ups have been designed to get kids active as part of Disney's long-term commitment to make healthy living simple and fun by using the strong connections kids have with its stories and characters.

To help embed physical activity into children's daily routines, 3.5 million 10 Minute Shake Ups packs were distributed to the majority of state primary schools in England.

Teachers are urged to use the free curriculum-linked teaching resources in class, including suitcase worksheets to use in school, plus passports and stickers to send home with pupils.

For the first time, Change4Life is providing resources tailored to different age groups within key stages: Lower Key Stage 1, Upper Key Stage 1, Lower Key Stage 2 and Upper Key Stage 2. All the resources link directly to the PE curriculum and provide supplementary support for PSHE, English and spiritual, moral, social and cultural (SMSC) development.

The Disney inspired lesson plans and supporting materials aim to encourage pupils to keep moving. Pupils can find out about their favourite Disney characters' skills and activities including those from Zootropolis, Frozen Fever, Beauty and the Beast, Moana and The Lodge, as well as Disney Pixar's Cars 3.

Search Change4Life/schools to download the new 10 Minute Shake Up activities and lesson plans.

<https://campaignresources.phe.gov.uk/schools>

Teachers and head teachers can also sign up to the School Zone newsletter to hear about new resources launching this term.

**Popular resources**

- 10 Minute Shake Up 2017 PowerPoint**  
Introduction to the shake up lesson  
PE
- 10 Minute Shake Up 2017 lower KS1 toolkit**  
Fun Reception and Year 1 activities inspired by Disney  
PE
- 10 Minute Shake Up 2017 upper KS1 toolkit**  
Fun Year 2 activities inspired by Disney  
PE
- Summer shake up lesson plan**  
PE
- Summer shake up lesson plan**  
PE
- Summer shake up lesson plan**  
PE

## Dates for your diary 2017-2018

September

Primary Schools

Secondary Schools

Primary & Secondary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27 CPD—Active Maths	28	29

October

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
9	10	11	12 Year 3&4 Tag Rugby Megafest	13
16	17	18	19 Year 5&6 Tag Rugby Competition	20
23	24	25	26	27
30	31	1	2	3

November

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6	7	8	9	10
13	14	15	16 Year 5&6 Quick Sticks Hockey Competition	17
20	21	22	23	24
27	28	29	30 Year 2 Multi Skills Festival	



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Don't forget to follow us on Twitter for all the latest pictures and updates.

 **@ChesterSSP**

Website: [www.chesterssp.co.uk](http://www.chesterssp.co.uk)

***'Providing opportunities for every young person to shine'***

## **Talent Inspiration Programme**

A huge congratulations to Siobhan Benson, Megan Gareh, Kristian Ellis, Aled Bennett and Sophie Williams from The King's School who were selected to take part in the Youth Sport Trust Talent Inspiration Programme from Wednesday 30 August - Friday 01 September 2017 at Loughborough University.

Throughout the programme experienced Athlete Mentors brought to life the world of an elite athlete and the journey it takes to reach the top. They had the opportunity to get involved in theoretical workshops, practical sessions and an opportunity to experience what it is like at a multi-sport event.

The programme is designed to engage and inspire young athletes and to encourage them to start thinking about reaching their potential.

Well done, we hope you had a fantastic time!

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## **School Games Formats**

The School Games website has a section on formats for the competitions that you can do at level 1 (intra-school) and level 2 (inter-school competitions). These are free resources that you can download and adapt for your classes. [www.yourschoolgames.com](http://www.yourschoolgames.com)