



# Newsletter



September 2018

Welcome to the first edition of the Chester School Sport Partnership newsletter in 2018-2019. We hope that you had a lovely summer break and are looking forward to the year ahead.

Once again thank you to everyone for an outstanding 2017-2018. We had a brilliant year, some outstanding performances at the Level 3 County School Games finals, concluding with an amazing Sports Award Evening. A huge thank you to everyone, without you we would not be able to have such a successful partnership in our area.

If you are a new Head Teacher or PE Co-ordinator in your school and would like to meet with one of us to find out a bit more about the School Games, what we do and how we can help you, please contact Claire or Elizabeth and we will come to your school and meet with you.

We are also in the process of updating our contact lists, so please do tell us if you are no longer the PE lead, or if you are new to the role and would like to be added to our distribution list.

Thank you to all the schools who have returned their agreement forms for the Primary Schools Membership Package, if you have not done so yet, please can you return it at your convenience.

We look forward to seeing you all in the autumn term competitions and events.



## PE-Cordinator Networking Session

On Thursday 27th September there will be a networking session from 3.30pm—5.00pm at Blacon High School for all PE Co-ordinators. This is a chance for anyone new to the role to find out about the School Sport Partnership, the School Games and any associated programmes and events. We will share the competition calendar, explain the booking process for events and any programmes for the year.

For those who are experienced in their role, this is a chance to share your good practice and to meet the new co-ordinators. Your input is invaluable at this session so please make every effort to attend.

We will also have a look at any specific actions for the year such as the Principles of Competition tool, the Active Schools Planner heatmaps and also the School Games Mark for 2018-2019.

To book your place on the session, please visit [www.chesterssp.co.uk](http://www.chesterssp.co.uk) and enter your details. If you have any queries, please contact Claire or Elizabeth direct.

## School Games Mark 2017-2018

A huge congratulations to all the schools who applied for School Games Mark in 2017-2018. The School Games Mark award shows how strong PE and Sport is in our area. We have had another record year with 34 schools achieving an award, well done to all!

The application window is now closed, as soon as the award criteria for 2018-2019 is released we will let you know. If your school would like to apply for the School Games Mark Award for 2018-2019 and you would like help in planning for the award, please contact Claire or Elizabeth and we will help you in this process. All schools are eligible to apply for the award.

Schools awarded the School Games Mark for 2017-2018 were:

### Gold:

Hoole CE Primary  
Saughall All Saints CE Primary  
Cherry Grove Primary  
JH Godwin Primary  
Blacon High  
Highfield Community Primary  
Acresfield Primary  
Mickle Trafford Village School  
Belgrave Primary  
Delamere Academy  
St Clare's Catholic Primary  
The Firs School  
Oldfield Primary  
Christleton Primary  
Tarvin Primary  
Bunbury Primary

### Silver:

Upton Heath CE Primary  
Bishop Heber High  
Mill View Primary  
Dorin Park School  
St Martin's Academy  
Lache Primary  
Chester Blue Coat CE Primary  
Guilden Sutton CE Primary  
Upton Westlea Primary  
St Theresa's Catholic Primary  
St Werburgh's & St Columba's  
Catholic Primary

### Bronze:

Saighton CE Primary  
Dodleston CE Primary  
Tattenhall Park Primary  
St Oswald's CE Primary  
Dee Banks School  
Dee Point Primary  
Newton Primary



## School Sport Organising Crews / Committees

School Sport Organising Crews (primary) / Committees (secondary) are groups of young people who join together to lead the planning and delivery of school sport clubs and intra-school competition programmes in their school. Some schools know these as School Sports Councils. They influence and shape the school sport offer for their peers through deciding on the types of competitions to be held, their structure and where and when they take place, making it more attractive and accessible for all young people.

To aid the development of School Sport Organising Crews / Committees in your school, please refer to the School Games website on [www.yourschoolgames.com](http://www.yourschoolgames.com). Alternatively we can come to your school to aid you in this process.

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## Competition Calendar

All the primary competitions for the 2018-2019 year are on our website and you can now enter the autumn term competitions by booking direct on the website ([www.chesterssp.co.uk](http://www.chesterssp.co.uk)).

Many of our events are Level 2 School Games competitions which lead to the Level 3 county finals of the School Games.

We also have development competitions / festivals that cater for 'B teams', these events are specifically for you to include a team of your 'non sporty' children to give them an opportunity to take part in an event where there is less pressure on winning, and more emphasis on taking part and enjoying themselves.

In addition we have festivals such as the Tag Rugby Megafest, Year 2 multi skills, SEN multi sports and Diamond Cricket, where there are no scores taken at all, and it is purely for enjoyment, participation and for schools to use towards 'targeted groups' if they wish.

As in previous years, the Men's and Women's Secondary PE Departments run an excellent competition programme and we will be using the winning schools from many of their events to take part in the Level 3 School Games Festivals.

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## Photographic Consent

When schools enter any of our competitions, it is up to the teacher / adult accompanying the school group to inform us as to whether any of the children do not have photographic consent. Photographs are taken at all our events by ourselves and other schools / teachers / parents, and we assume that consent is provided unless informed otherwise. We also double check when schools fill in the school data sheet on arrival to inform us accordingly. As a reminder, if you do post any pictures on social media, please do not name the children.



## Change4Life Sports Clubs (Primary)

Primary Change4Life Sports Clubs (C4LSC) are built on a clear need to develop a new type of school sports club to increase physical activity levels in the less active young people. A sustained and embedded Change4Life 'Inspired' club:

- Creates a sense of belonging for young people \*
- Creates an exciting and inspirational environment
- Runs for a minimum of 12 weeks \*\*
- Aims to maintain an increase in physical activity, including engaging in the 'School Games'
- Promotes healthy active lifestyles and supports Change4Life campaign messaging

### Model of good practice: Developing a sustainable club structure



\* Many clubs have been called something different to 'Change4Life Clubs' to give schools and young people greater ownership of their club.

\*\* Clubs should aim to run for at least 12 weeks to be effective at increasing physical activity behaviours. Clubs should be scheduled into a schools annual activity plan, even if it doesn't run in every term.

Change4Life Sports Clubs are often most effective when young leaders are integral to the running of the activities and in turn ensure the clubs are more sustainable. Being a Change4Life champion allows a young person that first leadership opportunity. Keep an eye out for dates for our C4L Champions Training in the Spring term.

Further information and resources for C4L Clubs can be found on:

<https://www.nhs.uk/change4life-beta/activities>

## School Games Principles of Competition

The School Games team would like to invite all School Games registered schools to complete a new online tool which will introduce teachers to the five principles of high quality competition.

The vision is that by 2020 the School Games will be continuing to make a clear and meaningful difference to the lives of even more children and young people. For this to be achieved we need to ensure that we are providing competitive opportunities for all children and young people and not just a few. To support this, we believe there are five principles of competition that if followed can ensure all young people are provided with these opportunities.

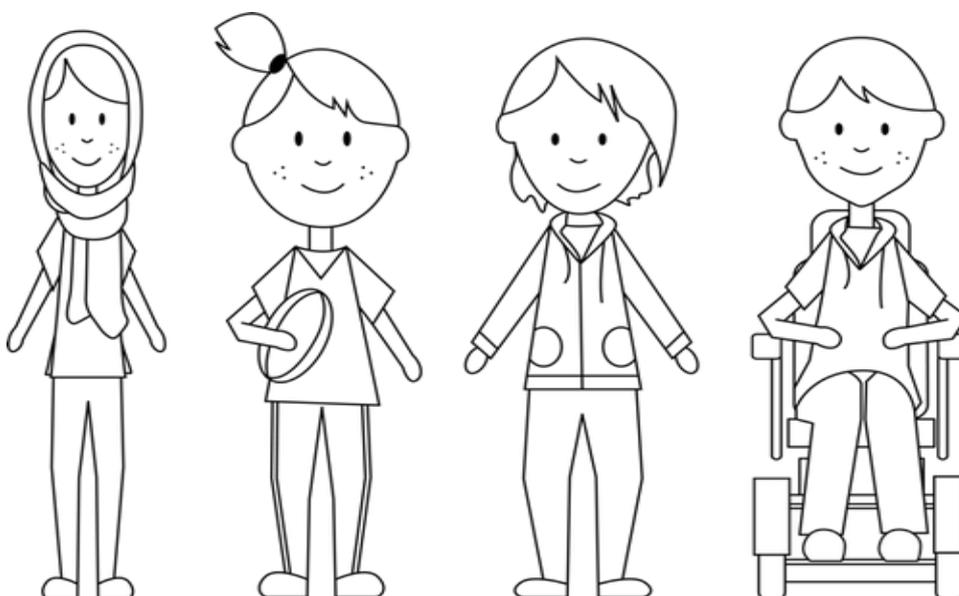
Teachers play an important role in facilitating this provision and we have created an online learning tool which will support teachers in implementing these principles. The online tool will take teachers through the principles of competition, giving them the opportunity to reflect on their current practice, and read case studies which will provide examples of how the principles have already been implemented across the county.

It will also look at what motivates children and young people and help teachers understand the environments that need to be created to ensure that the young person's motivation, competence and confidence are central to the competition.

The short on-line learning module will introduce five principles of high quality competition that will support you when organising your intra-school competitions as well as when you are selecting young people to take part in inter-school competition.

**All teachers can access the tool now by scrolling down to the bottom of your main dashboard on the School Games website ([www.yourschoolgames.com](http://www.yourschoolgames.com)).**

If you have any queries, please contact Claire or Elizabeth.



## CPD—Active Maths

On Thursday 25th October, 1.00 - 3.00pm there will be an Active Maths session at Avenue Services, Blacon Parade.

The course looks at the research, rationale and benefits of 'Active Learning' and gives teachers practical ideas on how to implement 'Active Maths' into the curriculum.

Delegates will be introduced to the highly acclaimed resource 'Maths of the Day' – an online resource that provides teachers and teaching assistants with over 1,000 lesson plans on how to deliver 'active maths'.

The resource is used in schools across the UK and internationally and is having a huge impact on attitudes to maths, attainment in maths, levels of physical activity and whole child development.

**Please note: This course is not appropriate for Teaching Assistants or PE coaches /outside agencies working within schools. It is ideal for Maths Leads and PE Leads within schools, you may book more than one place.**

To book FREE places on the course, please log onto [www.chesterssp.co.uk/cpd](http://www.chesterssp.co.uk/cpd)

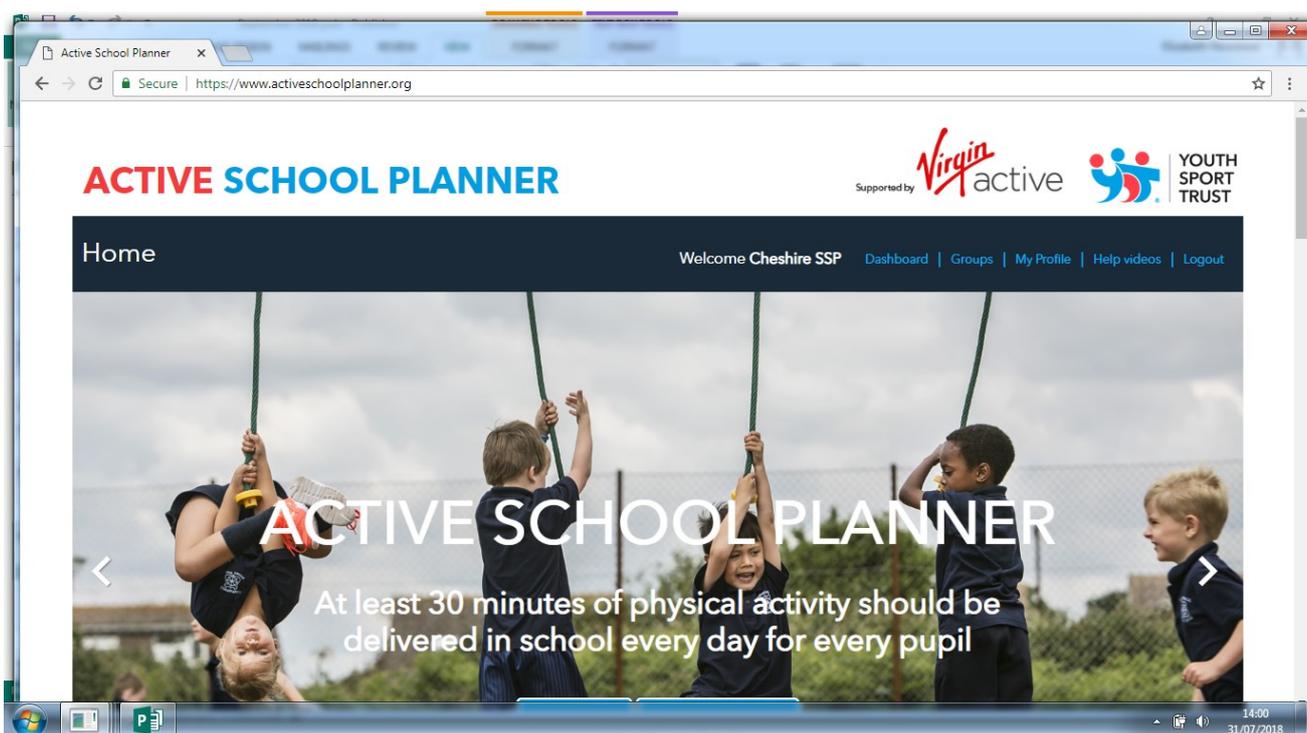
## Active Schools Planner ([www.activeschoolplanner.org](http://www.activeschoolplanner.org))

This is a free tool to help schools create an active ethos, and plan to achieve 30 active minutes for all. The national strategy challenges schools to think how "at least 30 minutes of physical activity should be delivered in school every day for every child".

Many schools have already registered on the website and have already completed a heatmap of activity within their class / school as part of the School Games Mark application process for 2017-2018. Please do continue to share the heatmaps with colleagues in your school, and plan how you are going to meet the challenge of 30 active minutes within the school day.

For those who are new to the Active School Planner, this is a helpful tool where you can complete a heatmap of your class / school / hall timetable to see how active children are in their lessons. You can then read suggested actions and work with them in your school plans for 2018-2019.

If you do need any help with the website, please contact Claire or Elizabeth.



## Dates for your diary 2018-2019

September

Primary Schools

Secondary Schools

Primary & Secondary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27 PE-Cordinator Networking Session	28

October

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4 Year 3&4 Tag Rugby Megafest	5
8	9	10	11 Year 5&6 Tag Rugby Competition	12
15	16	17	18 Year 3&4 Badminton Festival	19
22	23	24	25 CPD—Maths of the Day	26
29	30	31		

November

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
5	6	7	8	9
12	13	14	15 Year 5&6 Quick Sticks Hockey Competition	16
19	20	21	22 Year 5&6 Bronze Ambassadors Training	23
26	27	28	29 SEN Multi Sports Festival	30



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Don't forget to follow us on Twitter for all the latest pictures and updates.



Website: [www.chesterssp.co.uk](http://www.chesterssp.co.uk)

If you no longer wish to receive the Chester School Sport Partnership newsletter, please can you notify us on [enewstead@blaconhigh.cheshire.sch.uk](mailto:enewstead@blaconhigh.cheshire.sch.uk) or [claire.smedley@blaconhigh.cheshire.sch.uk](mailto:claire.smedley@blaconhigh.cheshire.sch.uk) and we shall remove you from our mailing list.

*'Providing opportunities for every young person to shine'*

## School Games Mark 2018-2019

If you plan on completing the School Games Mark for 2018-2019, please can you do an audit during this term on the children in your school who are least active. This will be one of the questions in the application form in the summer, and you will be required to say how many inactive pupils from the Autumn term are now active.

If you did apply in 2017-2018, then now is a good time to have a look at your application to see if any areas for improvement can be written into your Whole School Development Plan for 2018-2019.

## Free Resources!

The School Games website has a section on formats for different competitions that you can do at level 1 (intra-school) and level 2 (inter-school competitions). These are free resources that you can download and adapt for your classes. [www.yourschoolgames.com](http://www.yourschoolgames.com)