

Chester SSP



Newsletter



April 2015

Welcome to the April edition of the Chester School Sport Partnership Newsletter. Many thanks to all the schools, teachers, supporters and the children for taking part in the Cheshire and Warrington Level 3 Winter School Games events which were held in March. We had some fantastic results with many schools winning medals. Well done!

Now the summer term is here, our competitions will lead to the Cheshire and Warrington Summer Games which will be held in July.

The School Games Mark window opens on 3rd June. We have organised a workshop for Tuesday 16th June 3.30-4.30pm to show schools how to apply and assist with the application process. The Games Mark criteria has already been released and we will forward you the schools supporting guidance notes as soon as they have been published. Please do start to collate your evidence for your application now as this will make the process much easier. Visit the website for the latest news and the criteria for the School Games Mark.

http://www.yourschoolgames.com/your_school/sainsburys-school-games-mark

Bronze Young Ambassador Training Day—Thursday 23rd April

Young Ambassadors

Bronze Young Ambassadors who attended the training day on 12th November are invited to a follow up session which is being held at Blacon High School

Community Wing on Thursday 23rd April 1-3pm. Teachers from the primary schools are welcome to attend this session where the Bronze Ambassadors will be able to re-cap on their roles and responsibilities of a Young Ambassador and share areas of good practice.

Cheshire West and Chester Sports Awards

The 6th Annual Cheshire West and Chester Sports Awards organised by Active Cheshire and supported by headline sponsor Butcher & Barlow, took place at the prestigious Doubletree Hilton Hotel in Chester on Friday 13th March. Results are as follows:

Junior Sports Achiever, sponsored by Shortlist Recruitment - Issac Tait from Saighton Primary School

School of the Year, sponsored by Premier Sport - Delamere CofE Academy

Adversity Award, sponsored by Westgrove Group - Jack Rowland from Dorin Park School

Volunteer of the Year, sponsored by Butcher and Barlow - Ian Coppack

Activator of the Year, sponsored by Evolution Adventure - Jed Barlow

Active Employer of the Year, sponsored by Nexus Point - Chester Zoo

Group of the Year, sponsored by Gorilla BC - Ellesmere Port, Chester and Neston Special Olympics

A huge congratulations and well done to Issac Tait from Saighton Primary School, Jack Rowland from Dorin Park School, and to Delemere CofE Academy for winning their awards!!

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Cheshire & Warrington Winter School Games— Day 2.

Day 1 of the School Games was the Sportshall Athletics events which we held at Northgate Arena on Monday 9th March. The results from this were in the previous newsletter.

Day 2 of the School Games Winter Festival took place on Monday 16th March, hosted by Vale Royal School Sport Partnership. The Level 3 competitions for Quick Sticks Hockey, Netball, Rugby, Football and Basketball took place across the Hartford Cofe High School, Mid Cheshire College, and St Nicholas Catholic High School venues. Football referees from West Cheshire College helped to support the event and were great Ambassadors from the College.

In the Year 5&6 Quick Sticks Hockey competition Kelsall Community Primary School (pictured bottom left) represented Chester and finished in first place and crowned County Champions!.

Waverton Community Primary School (pictured bottom right) represented Chester in the Year 3&4 Football competition and they also finished in first place and County Champions!.

In the Year 5&6 Tag Rugby competition Mickle Trafford Primary School finished in 3rd place.

Upton Heath Primary School took part in the Year 5&6 Basketball event and they also finished in 3rd place. In the Year 5&6 Netball Saughall All Saints Primary School finished in 6th place in a high scoring event.

What fantastic results from our Chester teams in just one day of competition. We are very proud of you all, well done!





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Cheshire & Warrington Winter School Games— Day 2 cont'd.



Mickle Trafford Primary School Tag Rugby Team

Upton Heath Primary School Basketball Team with Sedric the Sainsbury's School Games mascot.



Saughall All Saints Primary School High 5 Netball Team with Mrs Cook. Page 4 Chester SSP

Cheshire & Warrington Winter School Games— Day 3.

It was a foggy start to day 3 of the School Games Winter Festival, but the sun soon broke through to shine on participants competing in the finals of the Basketball, Handball and Indoor Rowing at MMU Cheshire Campus Crewe. The event was organised by Crewe and Nantwich School Sport Partnership.

The event started with an inspiring opening ceremony focused on the main values of the Games: teamwork, self-belief, respect, passion, honesty and determination. This was followed by exciting performance from Wybunbury Stars Dancers and the National Anthem performed by students from Sandbach High School. Throughout the day the participants had the opportunity to meet the Manchester Metropolitan University Sport Scholars which they saw as a fantastic opportunity. Both the scholars and the participants saw great benefit from participating in the event as the scholars deeply believed that their attendance could inspire the participants and promote development of young talent in the UK.



In the U14 boys Basketball competition, Christleton High School represented Chester and finished in 2nd place behind Great Sankey High School in Warrington.

In the Year 8 Handball event, Tarporley High School and Christleton High Schools both had a boys and a girls team. Chester are very strong in this sport and all four teams performed exceptionally well. In the boys event Tarporley High School finished in 2nd place and Christleton High School finished in 3rd place. In the girls event, Christleton High School (pictured right) finished in first place and County Champions, they will now represent Cheshire at the regional finals. The girls team from Tarporley High School, finished in a well played 6th place.



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Cheshire & Warrington Winter School Games— Day 3 cont'd.

Christleton High School boys handball team



Tarporley High School girls and boys handball teams.



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Cheshire & Warrington Winter School Games— Day 3 cont'd.

Representing Chester in the Year 9 to 11 Rowing events were teams from The Queens School and Queens Park High School. Rowers performed as individuals in races over 2016m and then as a team in the relay. There were some fantastic performances in the individual event:

Alex MacDonald from The Queens School finished in first place in the Year 9 girls event. The Queens girls were also very strong in the relay and finished 1st place behind Helsby High School, and 2nd place in the team event.

The Year 9 boys from Queens Park High School finished in 3rd place in the relay.

Rona Fishburn from Queens Park High School finished in 2nd place in the Year 10 girls individual event. The Queens Park High School team also finished in 1st place in the relay in this age group.

The Year 10 boys team from Queens Park High School finished in 3rd place in the team event.

In the Year 11 girls event, Emily Cox from Queens Park High School finished in first place with a strong row.

The Year 11 boys were represented by Queens Park High School and they finished in 2nd place in the relay and 3rd place in the team event.

The Queens School Rowers (pictured right).

Queens Park High School Rowing Teams (pictured below).





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Cheshire & Warrington Winter School Games— Day 4.

From the workshop at the start of the day, led by Craig Heap (Olympic Gymnast), to the final closing ceremonies; Wednesday 18th March and day 4 of the Winter Games Festival was another fantastic day, this time, at Wilmslow High School, hosted by Macclesfield School Sport Partnership.

Football, Rugby and Volleyball were on the menu along with amazing trampolining and cheerleading displays in the opening and closing ceremonies. It was truly inspiring to see all the competitors perform at very high levels and give every game their all. Supported by their teachers and coaches, these athletes did their schools, and indeed their School Sport Partnerships, proud.

In the U12 girls football, Tarporley High School represent Chester and came in 2nd place behind Great Sankey of Warrington.

In the U14 girls football, Bishop Heber High School (pictured bottom right) came in 2nd place behind Wilmslow High School.

In the U16 girls football The Chester Catholic High School (pictured bottom left) came in 3rd place behind Helsby and Lymm High Schools.

The Chester Catholic High School came 2nd in the U13 girls rugby.

In the Super Mini Volleyball representing Chester was Blacon High School in the girls and boys events. The boys team finished in first place and the girls in 5th place.

Perhaps the most important message to take from the day was the underlying display of the School Games values. Athletes, supporters, volunteers, officials and coaches all exhibited passion, determination, team work, honesty, self-belief and respect for each other and for the game. In the run up to Rio 2016, this is most encouraging.





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Cheshire & Warrington Winter School Games— Day 4 cont'd.



Tarporley High School girls football team (pictured left).

Catholic High School girls rugby team (pictured middle).

Blacon High School boys volleyball team (pictured bottom left)

The opening ceremony at Wilmslow High School (pictured bottom right).



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School Games Update



The School Games has a newly designed homepage on www.yourschoolgames.com. It's a modernised design with plenty of new exciting images and news content.

Sainsbury's School Games Mark

As you know, the criteria for 2014/15 is now available on the School Games website and online application window will open on **Wednesday 03 June**.

A supporting document will be available soon on the School Games website. Should you need support before this document is released, please speak to Elizabeth Newstead.

A School Games Mark Workshop has been organised for Tuesday 16th June (3.30pm-4.30pm), where you can find out about the Games Mark and submit your application. More details on this will be sent to schools nearer the time.

Inclusive Health Check

Is the Sainsbury's School Games offer at your school inclusive? Could you do more to include every single young person at your school in the School Games?

The School Games have worked in partnership with the English Federation of Disability Sport (EDFS) to design an exciting new resource. Take the Inclusive Health Check by logging in now!

www.yourschoolgames.com

Tweets

Registered schools on the School Games website that actively use Twitter and regularly post great content are in with a chance of winning a large box of Spirit of the Games wristbands. Follow Chester School Sport Partnership on @chesterssp.

Level 4 Sainsbury's School Games

The Sainsbury's 2015 School Games level 4 event takes place in Manchester this September and there are plenty of exciting opportunities to get involved.

From designing the medals to performing at the opening ceremony, there's bound to be something that interests your young people! Please take a look at the School Games website if you want to be involved.

www.yourschoolgames.com

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Change 4 Life: A Case Study.



Each edition of the newsletters for the rest of the school year will include a Change 4 Life Club case study. This will be a short article on what the club does and will be a useful guide for any school who wishes to set up a club, or needs help in the one they have at their school.

The Delamere CofE Academy C4L Club.

Day and time of the week: Mondays - 3.15 – 4.15pm. Free of Charge for the children.

What theme does the C4L club have? – The club started with a Combat equipment bag, however the bag does not determine the activities which run within the club. The club offers a variety of different activities.

Year Group of the children who attend the C4L club? – When first started in September 2014, the club targeted girls in KS2 who were not taking part in sports clubs at the school. The club was then opened up to include other girls to make up the numbers. The club was, and still is called the Girls Allowed Club (girls only club).

It is now still a girls only club, but is for KS1 children. The activities which are run at the club include activities like circuits / multi skills / multi skill games. Most sessions include a tip on healthy eating or a C4L message.

Average number of children who attend the club each time? 12.

Who is the club deliverer and what role do they have? TA at the school.

How many sessions / weeks does the club run for? Once a week throughout the school term.

Have you seen a change in the children? As a result of the Girls Allowed club, the school has noticed that the girls are more motivated to take part in sport.

Has the club made a difference to you? It has increased the numbers of children taking part in After School Clubs. The DfE has commented on the effective use of the Sport Premium funding. The school also have a link on their website to the Change 4 Life website.

Is there anything that you would do differently? No.





April Primary Schools Secondary Schools Primary & Secondary Schools

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------|---------|-----------|----------------------|---------|
| | | 1 | 2 | 3 Hols |
| | | | | |
| 6 Hols | 7 Hols | 8 Hols | 9 Hols | 10 Hols |
| | | | | |
| 13 Hols | 14 Hols | 15 Hols | 16 Hols | 17 Hols |
| | | | | |
| 20 CPD Dance | 21 | 22 | 23 Bronze Young | 24 |
| Workshop | | | Ambassador Training | |
| | | | | |
| 27 | 28 | 29 | 30 Year 3&4, 5&6 Key | |
| | | | Steps Gymnastics | |
| | | | Competition. | |

May

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------|--------------|----------------------|-----------------------|--------------|
| | | | | 1 |
| | | | | |
| 4 Bank Holiday | 5 | 6 CPD—Primary | 7 | 8 |
| | | Teachers Tennis | | |
| | | Course | | |
| 11 | 12 | 13 | 14 | 15 |
| | | | | |
| | | | | |
| 18 CPD Subject | 19 | 20 Year 5&6 Tri Golf | 21 Yr 7-9 Inclusive | 22 |
| Leaders Course | | Competition. | Tri Golf Competition. | |
| | | | | |
| 25 Half term | 26 Half term | 27 Half term | 28 Half term | 29 Half term |
| | | | | |
| | | | | |

June

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------------|----------------------|----------------------|-------------------------|--------|
| 1 | 2 | 3 | 4 Year 5&6, 7 Quad Kids | 5 |
| | | | Athletics | |
| 8 CPD Inclusive Course | 9 | 10 Year 5&6 'A' Kwik | 11 Year 5&6 'B' Kwik | 12 |
| | | Cricket Competition | Cricket and Girls | |
| | | | Cricket Competition | |
| 15 | 16 School Games | 17 Year 3&4 Mini Red | 18 | 19 |
| | Mark Workshop | Tennis Competition | | |
| | | | | |
| 22 | 23 CPD Start to Move | 24 | 25 Year 4-7 | 26 |
| | Course | | Orienteering | |
| | | | Competition | |
| 29 CPD Gymnastics | 30 | | | |
| Course | | | | |

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Providing opportunities for every young person to shine'

Cheshire & Warrington Summer School Games

Events in the Summer School Games are:

- Year 3&4, 5&6 Key Steps Gymnastics
- Year 5&6, 7 Orienteering
- Year 5&6 Tri Golf
- **Inclusive Tri Golf**
- Year 5&6 Quad Kids Athletics
- Year 7 Quad Kids Athletics
- Year 3&4 Mini Red Tennis
- **Year 9 Rounders**
- Year 7/8 Tennis
- Year 7/8 Goalball
- Year 7/8 Table Tennis





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