



## **Primary Change 4 Life Sports Club**

### **Case Study – Lache Primary School.**

**Day and time of the week you run the club?** Tuesdays 8am -9am. Free of charge. Breakfast is included (paid for by the school).

**What theme does the C4L club have?** Adventure.

**Year Group of the children who attend the C4L club?** Reception to Year 6.

**Average number of children who attend the club each time?** 15 on average each week. 60% girls.

**Who is the club deliverer and what role do they have?** Liz Anstey with a helper.

**How many sessions / weeks does the club run for?** Per term. Started in Summer 2014.

**How have you targeted the group?** Children who are late for school have been targeted. (Helps to boost attendance figures).

**Have you included any other activities?** They have used the equipment bag and also changed the activities. The climbing frame in the hall is also used.

There are 5 leaders that help out with the younger ones in the group and lead some sessions.

**Have you seen a change in the children?** Some of the children are better at attending school. Some are also better in lessons (more alert).

**Has the club made a difference to you?** Several of the children are now more involved in sports. Also some of the children are now having better breakfasts than they would have had at home.

**Is there anything that you would do differently?** More children and more staff.

Contact should any other school wish to contact you about your Change 4 Life Club: Liz Anstey

March 2015