



## Primary Change 4 Life Sports Club

### Case Study – Saughall All Saints

The school did not receive a C4L equipment bag, but run a club which meets the aims of a C4L Club.

**Day and time of the week:** Tuesdays 3.15 – 4.15pm.

**What theme does the C4L club have?** – The club started in September 2014 as a Cheerleading Club for girls in KS2. From January 2015, the club has evolved to include a song and dance element to it.

**Year Group of the children who attend the C4L club?** – Girls in years 4-6.

**Average number of children who attend the club each time?** – 16.

**Who is the club deliverer and what role do they have?** – Jenny Palmer (Year 2 Teacher).

**How many sessions / weeks does the club run for?** – The girls have to sign up for the whole term.

**How have you targeted the group?** – Two of the girls play netball, the others do not normally attend sports clubs. The children were not specifically targeted to take part in the club, the club's theme and activities attracted the girls to it.

**Have you included any other activities?** - The girls sing and dance to popular music.

**Have you seen a change in the children?** – Two of the girls were chosen to attend the Playground Leaders course and they now run KS1 activities in the playground. For non-sporty children to take on this role is exceptional.

**Has the club made a difference to you?** – The group will be performing at the opening ceremony of the athletics at the Level 3 School Games in Chester in March 2015. Some of these children are unlikely to experience a Level 3 competition as a competitor, so this is a great opportunity for them.

**Is there anything that you would do differently?** - The school are considering at some stage in the future of using the C4L promotion materials and following the C4L themes.

Contact details should any other school wish to contact you about your Change 4 Life Club: Gemma Cook. Deputy Headteacher at Saughall All Saints Primary School.

March 2015