



# Newsletter



June 2017

Welcome to the third edition of the Chester School Sport Partnership newsletter in 2017. We are now into the full swing of the summer competitions with only a few left before the Level 3 Summer Games in July.

Congratulations to all our sports competition winners so far, details of the Level 3 Summer Games will be sent to you in the next few weeks.

If you are a new PE Co-ordinator in your school and would like to meet with one of us to find out a bit more about the Sports Partnership and what we do, please contact one of us and we will come to your school and meet with you.

## Year 5&6 Gifted & Talented Days

During the Easter holidays we held our Year 5&6 Gifted and Talented training days. In total 23 children took part in the programme from 12 schools over the two days. In the morning they had a session on the importance of nutrition for sports performance, and also sports psychology. Then they completed a series of fitness tests which measured their speed, endurance, agility, flexibility and reaction time. Please do encourage the children to continue to develop their sporting abilities, many were extremely talented and we have encouraged them to join local sports clubs if they are not in a club system yet.

The children had a thoroughly enjoyable experience and learned a lot about being an elite athlete. In the next academic year, they will be asked to return for a follow up session.



## Year 3&4 Diamond Cricket

On Wednesday 3rd May 99 children from 10 schools took part in the Year 3&4 Diamond Cricket Festival at Christleton Cricket Club. This is the first time that we have organised a diamond cricket event and it was a huge success. Owen Williamson from Cheshire Cricket Board was there on the day to lead on the event and signpost children to local cricket clubs.

The teachers from the schools who took part in the festival were the bowlers and the scorers for each of the games, and are now hopefully confident in delivering diamond cricket within their schools.

As it was a festival there were no winners at the event, just lots of children having a fantastic time!

Many thanks to Christleton Cricket Club for hosting the event, the venue was perfect for the festival and it was nice for the children in years 3&4 to experience an event at a local cricket club.

Cheshire Cricket Board are promoting their All Stars programme which is aimed at children from 5+ to try cricket for 8 weeks at their local cricket club. Full details are on the website:

<https://www.ecb.co.uk/play/all-stars/>

This is a great programme for children who want to give Cricket a try!



## Year 5&6 Trigolf

On Wednesday 17th May, 12 school teams took part in the Tri Golf Festival at Westminster Park Golf Club. The weather treated us kindly as it was forecast to be a washout, fortunately we only had light showers but this didn't dampen the spirit of the event!

Each school team took part in seven different Tri Golf games which either involved chipping or putting the ball over or around a series of obstacles over a set time period. Leaders from The Chester Catholic High School led on an activity and showed the teams how to play each game.

The scores from each game were recorded and the team with the highest number of points won the competition.

In the 'A' event, Overleigh St Mary's won with a grand total of 2667 points, in second place was Waverton with 2343 points and in third place was Delamere with 2005 points.

In the 'B' event, Lache won with 2274 points, Overleigh St Mary's were second with 2095 points and in third place was Waverton with 1572 points.

Overleigh St Mary's will now go on to represent Chester at the Level 3 School Games in Ellesmere Port in July.

Many thanks to the leaders from The Chester Catholic High School for their help in running the event, they were extremely helpful.

Also thank you to Paul Hodgson at Westminster Park Golf Club for hosting the event.



## Key Steps Gymnastics

On Thursday 18th May Ron Bell at Ellesmere Port Gymnastics Club hosted the Year 3&4 and 5&6 Key Steps Gymnastics Competitions at his gym in Ellesmere Port.

Fourteen school teams took part in the competitions which proved to be very close. The gymnasts were all of very similar abilities and the scores reflected this.

In the Year 3&4 team event, Overleigh St Mary's won with 70.5 points, in second place was St Clare's with 69.3 points and in third place was Acresfield with 67.7 points.

Individual event places are below:

1st: Basia—St Clare's—18 points.

2nd: Eva—Acresfield—17.6 points.

3rd: Eri—Delamere—17.3 points.

In the Year 5&6 team event, Oldfield won with 71.5 points, in second place was Saighton with 70.6 points and in third place was Overleigh with 70.5 points.

Individual event places are below:

1st: Abbie—Oldfield—19.6 points.

2nd: Lucy—Guilden Sutton—19.5 points.

3rd: Isabella—Overleigh—18.7 points.

The winning schools of the team events and the first three placings of the individual events will represent Chester at the Cheshire and Warrington School Games on 5th July. We wish all the pupils the best of luck in their events. Thank you to Ron Bell, Jody and Andy for hosting and judging the competition.



## Year 5&6 Quad Kids Athletics

On Thursday 25th May, Blacon High School hosted the Year 5&6 Quad Kids Athletics competition in glorious sunshine. Twelve schools took part in the event where every child participated in the 75m sprint, 600m run, vortex howler throw and standing long jump.

Leaders from Blacon High School recorded the distances and times which were then inputted into the Quad Kids computer programme.

In 1st place were The King's School with 1477 points, in 2nd place was the team from Saughall All Saints with 1438 points, and in 3rd place was Cherry Grove with 1360 points.

The top girl and boy results were also shared with the teams, and these were Jake from The King's School and Abbie from Cherry Grove.

The team spirit of all the school teams taking part was amazing, particularly in the 600m run when some of the runners were struggling to get round. The rest of the team were running alongside them on the inside of the track shouting encouragement, many of the children ran the 600m several times!

Congratulations to all the teams who took part and good luck to The King's School at the Cheshire and Warrington Level 3 Summer Games in July.

Thank you to Blacon High School and the year 10 leaders for helping to run the event.

**Pictured: Quad Kids Winners - The King's School**



## Get Set—International Olympic Day 23rd June

Celebrate the spirit of the Olympic Games this International Olympic Day on 23 June with a free **assembly resource**. Explore ways to get active and give back to the community with fun **activity ideas**. Why not get your class to try their hand at a new sport, get active with a fun run, or plan and run a fundraising event for a local charity? For more information please visit:

<https://www.getset.co.uk/resources>

## School Games Mark

The School Games Mark application window is now **OPEN** and closes on **Friday 28 July 2017**, it rewards schools for the quality of their school sport provision during the 2016/17 academic year.

### School Games Mark - FAQs

#### What is the School Games Mark?

The School Games Mark is a Government led awards scheme launched in 2012 to reward schools for their commitment to the development of competition across their school and into the community. Schools in England are able to assess themselves across bronze, silver and gold levels.

The Mark is a retrospective award which will validate your success over the ongoing academic year. Therefore, it's important to familiarise yourself with the criteria documents.

#### Why should our school apply?

- OfSTED can use the Mark award as part of their inspection framework
- You can proudly display your award at your school
- You can use it as a development tool to aid the PE teacher / co-ordinator or Headteacher at your school
- You can add the logo to letterheads and email signatures to show your outstanding commitment to school sport.
- To raise the profile of school sport and the great job you do within your school

#### How does my school apply?

To apply for the School Games Mark Award you must be a registered school on the School Games website.

Registered schools will note that the Mark Award portal is now open and will allow them to work their way through a simple application form. This process should take approximately 15-20 minutes.

Your application will then be sent on to your SGO and, in some cases, an external verification organisation to ensure the legitimacy of your application. Your SGO will also be responsible for the delivery of your collateral, which will be sent to you later in the year.



**The application window for the School Games Mark opened on 31st May and closes on 28th July. If you would**

## National School Sport Week 26th—30th June

National School Sport Week (NSSW) is a huge celebration of everything that is great about PE and school sport, and we invite all schools across the United Kingdom to register to take part and **#celebratePE**.

Whether through traditional sports such as football, hockey or netball, or in alternative activities such as parkour, dance or treasure hunts, there is something out there for everyone to enjoy and be active.

During National School Sport Week, every primary school or nursery setting that registers will get free access to the PJ Masks Power of 3 activity pack full of branded activities inspired by the strengths of the three main characters: Catboy, Owlette and Gekko, a superhero trio of friends who embark on action-packed adventures using their superpowers of agility, strength and flight.

All school and early year providers will receive the following:

- Full access to the website to download resources, including a guide to planning your activities, full of ideas and examples
- Downloadable certificates and pledges for your young people.
- Opportunity to win a school visit from a star athlete by tweeting or Instagramming your best NSSW themed photos



Please share your stories with others by following [@YouthSportTrust](https://twitter.com/YouthSportTrust) and using **#NSSW** and **#celebratePE**

**To register your school, please visit:**

<https://www.youthsporttrust.org/national-school-sport-week>

## Chester SSP Sports Awards

Nominations are now being sought for the 1st Chester School Sport Partnership Sports Awards evening. This is the ideal opportunity to give pupils and schools the recognition they deserve for their hard work, commitment and passion for Physical Education and School Sport in the Chester School Sport Partnership area.

The awards will be presented to the winners at an evening celebration on Monday 17th July.

Awards categories are:

**Young Sports Performer of the Year (Primary)**

**Young Sports Performer of the Year (Secondary)**

**Outstanding Contribution to Leadership Award**

**Primary Sports Team of the Year**

**Secondary Sports Team of the Year**

**Special School Team / Club of the Year**

**Change 4 Life Club of the Year**

**The Special Recognition Award**

Nomination forms have been sent to all schools, but can also be downloaded off the website [www.chesterssp.co.uk](http://www.chesterssp.co.uk).

Please do send us your nominations, it only takes a few minutes of your time to complete a nomination form, but will be remembered by the nominees for a lifetime.

Schools can make no more than 2 nominations per category.

The closing date for nominations is Friday 23<sup>rd</sup> June 2017. All entries must be sent to Chester School Sport Partnership Sports Awards, Blacon High School, Melbourne Road, Blacon, Chester, CH1 5JH. Or by email to [enewstead@blaconhigh.cheshire.sch.uk](mailto:enewstead@blaconhigh.cheshire.sch.uk) / [claire.smedley@blaconhigh.cheshire.sch.uk](mailto:claire.smedley@blaconhigh.cheshire.sch.uk)

Entries received after this closing date will not be considered.

Invitations for the evening will be sent to all relevant nominations after the shortlisting for each category.

**Due to the capacity of the venue, attendance on the evening will be strictly by invitation only.**



## Dates for your diary 2016-2017

June

Primary Schools

Secondary Schools

Primary & Secondary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
5	6	7	8	9
12	13	14 Y5-6 Kwik Cricket Competition A's	15 Y5-6 Kwik Cricket Competition B's and Girls.	16
19	20	21	22 Yr 3-4 Mini Red Tennis Competition	23
26	27	28 Y5-6 Orienteering Competition	29	30

July

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5 Level 3 School Games	6	7
10	11	12	13	14
17 Sports Awards Evening	18	19	20	21
24	25	26	27	28
31				

**Good Luck to all the schools who are representing Chester at the Cheshire and Warrington Level 3 Summer School Games which is being held on Wednesday 5th July at Ellesmere Port Sports Village and The Cheshire County Sports Club in Upton.**



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Don't forget to follow us on Twitter for all the latest pictures and updates.



Website: [www.chesterssp.co.uk](http://www.chesterssp.co.uk)

***'Providing opportunities for every young person to shine'***

## **Talent Inspiration Programme**

A huge congratulations to Siobhan Benson, Megan Gareh, Kristian Ellis, Aled Bennett and Sophie Williams from The King's School who have been selected to take part in the Youth Sport Trust Talent Inspiration Programme from Wednesday 30 August - Friday 01 September 2017 at Loughborough University.

Throughout the programme experienced Athlete Mentors bring to life the world of an elite athlete and the journey it takes to reach the top, young people have the opportunity to get involved in theoretical workshops, practical sessions and an opportunity to experience what it is like at a multi-sport event.

The programme is designed to engage and inspire young athletes and to encourage them to start thinking about reaching their potential.

Well done, we hope you have a fantastic time!

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**School Games Formats. [www.yourschoolgames.com](http://www.yourschoolgames.com)**

The School Games website has a section on formats for the competitions that you can do at level 1 (intra-school) and level 2 (inter-school competitions). These are free resources that you can download and adapt for your classes.