



Chester SSP



Newsletter



April 2018

Welcome to the April edition of the Chester School Sport Partnership newsletter.

A huge congratulations and thank you to all the teams who represented Chester at the Cheshire and Warrington Level 3 School Games this term. We have had a lot of success, with teams showing great determination, passion and respect in their events.

A special mention must be made to the children from Waverton Primary School who took part in four competitions over two weeks. Also to Chester Catholic High for sending teams to three events, plus providing the amazing leaders for the tag rugby competition at Chester Rugby Club.

PE and School Sport Premium Funding: please can all primary schools ensure that they update their website as the deadline has now passed to publish how you are planning to spend your funds and evidence the impact.

We have a busy summer term ahead, if you want to enter any primary competitions, please do so via the Chester SSP website (www.chesterssp.co.uk) - please note that some events are already full.

Playground Leaders Course

Over the February half term, 27 children from years 5&6 gave up a day of their holidays to attend the Playground Leaders Training Course at Blacon High School.

Here they learned about how to deliver playground games and activities to their peers and younger children in their school.

The training was a mixture of practical and theory work, looking at the STEP principle and how to be a good leader. The children have now gone back to their schools confident and prepared to begin to help deliver playground games and activities.

Thank you to Judith Gilmour from CEPD for delivering the training for us.



Level 3 Winter Games

1,700 participants from over 100 local primary and secondary schools showcased their sporting talents in the Cheshire and Warrington Winter School Games County Finals.

This year School Games County Finals saw 11 sports competitions taking place between January to March 2018 at various venues across the county. The finest sporting talents competed in a series of sporting activities including Badminton, Basketball, Boccia, Football, Handball, Hockey, Netball, Rowing, Rugby, Sportshall Athletics and Volleyball.

As well as encouraging young people to take part in sports competitions, this initiative also helps to promote physical activity and encourages young people to get active in a fun way.

The smooth running of each event was made possible by over 150 Young Leader volunteers who ensures the Games is truly delivered on its motto of 'for young people, by young people'.

L3: U15 Handball

Representing Chester in the U15 Handball competition were Upton-by-Chester girls and boys from Tarporley High School.

The girls competition was an exciting event, with three schools scoring the same number of points for second place; all seeking a slot for the final against Lymm High School. Winning that slot was Upton-by-Chester High School who had scored the most number of goals in their games. In a thrilling final, Lymm High School scored the winning goals to become champions. Both teams will now represent Cheshire and Warrington at the Northwest Regional Finals in May.

The boys competition was a very fast and competitive event with five schools across Cheshire and Warrington taking part. Lymm and Wilmslow High Schools fought it out in an exciting final which went into extra time. Lymm scored the winning goal with just seconds to spare.

Tarporley High School boys came in 3rd place after some tough competitive games, and won the Spirit of the Games award.

Congratulations to both schools. Thank you to Deva Handball Club for providing the referees for the event.



L3: Year 3&4 Football



Representing Chester in the Year 3&4 football at Moss Farm in Northwich were Waverton and Guilden Sutton Primary Schools. Fifteen teams took to the 3G in a fantastic display of competitive football. With support from the Cheshire FA and 20 great School Games Makers from Warrington & Vale Royal College, the event saw very tight games played with the true 'Spirit of the Games'. Both Chester teams played extremely well, with Waverton finishing in 4th place, and Guilden Sutton equal 9th place.

L3: U12, U14, U16 Girls Football

Over 200 girls played in 3 very strong competitions in the Cheshire sunshine. The event was supported by great leaders from Warrington & Vale Royal College and The Cheshire FA, and saw many close matches played with strong sporting values!

Representing Chester were Christleton High School in the U12 age group, and Bishop Heber High School in the U14 and U16 age group. Both the Bishop Heber teams topped their groups to go through to the Semi Finals.

The U14s lost 1-0 to a freak own goal in the semi, and came in a commendable 4th place.

The u12s and U16s did really well coming in 2nd place for both age groups!

Well done to all the girls!



L3: Year 5&6, 7 and 8 Sportshall Athletics

The morning saw another busy and competitive event of Indoor Athletics. In what was a very large competition with many children participating from across the County. In the year 5&6 event Berkeley Primary School, the winning school stole the show with a huge team combined score of 314 to take the title.

Overleigh St Mary's CE Primary School represented Chester and came 5th overall, winning the Spirit of the Games trophy.

In the High School event we had four separate competitions going on in the afternoon involving 32 teams.

The Queens School have a strong history of sportshall athletics and represented Chester in the Year 7 and 8 girls event. The Year 7 team came in a fabulous 2nd place, and the Year 8 team came 5th and also won the Spirit of the Games award.

Chester Catholic High School represented Chester in the Year 7 boys event, and Blacon High School the Year 8 boys team.



Both teams came in a commendable 4th place in a very tough competition against some teams with club athletes in the squad. Well done to all the teams who took part!



L3: Year 8&9 Girls and U16 Rowability, Indoor Rowing



Experiencing an electrifying atmosphere throughout, 30 teams from across Cheshire & Warrington came together to take part in this year's Indoor Rowing Finals in the fantastic surroundings of the Main Hall at Northwich Memorial Court. Ably supported by School Games Makers from Warrington & Vale Royal College, the athletes pushed for personal bests in pursuit of team awards.

Representing Chester in the Year 8 and 9 girls event was The Queens School. Both teams showed tremendous strength and talent and won their events in style!

In the U16 rowability event, Dorin Park represented Chester with the girls coming in 3rd place and the boys team in 5th.

Both teams showed great determination and by the end of the event, all the athletes were buzzing with excitement.



L3: Year 5&6 Quicksticks

The Years 5 & 6 quicksticks hockey competition was a very fast and competitive event with sixteen schools across Cheshire and Warrington taking part in Alderley Edge. It was really great to watch some fabulous play by all schools!

We had two teams representing Chester in this event, Guilden Sutton Primary School and The Kings School. There was some tough competition in this event this year. Both team played extremely well with Guilden Sutton coming 4th in their section, and The Kings School 3rd in their section. Well done teams!



U15 Volleyball



This year the volleyball competition was held at Frodsham Leisure Centre. The open entry U15s Volleyball competition for both girls & boys saw more than usual high numbers of entries, especially in the girl's event. In what was two very competitive competitions there was some great ability on show, and as always some unique personal Spirit of the Games skills to match amazing team efforts.

Representing Chester in the boys event was Blacon High School who won the event for the 5th year running!. An amazing achievement, well done boys.

Chester Catholic High School girls represented Chester in the event. They played very well against some tough competition, finishing in 4th place. Well done.



L3: Year 5&6 Tag Rugby

The Year 5 & 6 tag rugby competition took place under the sun but on muddy fields at Chester Rugby Club. There were 14 teams in total from across Cheshire & Warrington, the pool games started with some excellent skills on show. Representing Chester we had two teams, Waverton and Acresfield Primary Schools.

The winning teams from the pool games were Ravensbank, Gawsworth, Acresfield & The Berkeley, which made up the semi finals. Waverton came equal 4th in their section, and Acresfield won theirs.

The final was a highly competitive game with Acresfield taking on Ravenbank. Acresfield were crowned county champions with a 2-1 win in the final! Well done to Acresfield!

Thank you to the amazing leaders from Chester Catholic High School who refereed the matches.



L3: Year 5&6 and U14 Boys Basketball

The basketball competitions were again held at the Ball Hall at Sir Thomas Boteler High School in Warrington.

The Year 5&6 Primary Basketball competition was a very fast and competitive event with eight schools across Cheshire and Warrington taking part.

Representing Chester in the Year 5&6 event were Waverton Primary School. Our district champions had a long morning of games, progressing through to the semi final and then the final against Oakwood Avenue School.

The schools fought it out in an exciting final, resulting in a draw 5 - 5. The game then went to extra time with Oakwood Avenue Primary coming out winners 7 - 5. The team from Waverton played extremely well in such a closely fought final, the result could have gone either way.



The U14 Boys Basketball competition was a very fast and competitive event with six schools across Cheshire and Warrington taking part. Brine Leas and Weaverham High Schools fought it out in an exciting final with Brine Leas coming out winners 32 – 22.

Representing Chester were Catholic High School who reached the semi finals, coming in 3rd place and bringing home the Spirit of the Games trophy.

The players showed a great depth of talent in the team, well done.



L3: Year 5&6 High 5 Netball

The last event of the Cheshire and Warrington Winter School Games was the Year 5&6 Netball at Macclesfield Leisure Centre.

Representing Chester was the team from Waverton Primary School.

They won 2 games, lost 1 and drew 3 - all games were close. They ended up 6th overall, but so easily could have been 2nd. Well done girls and thank you to Mr Talbot for accompanying the teams to the events during the Level 3 School Games weeks.



Change 4 Life Clubs

All the primary school children who attended the Change 4 Life Champions training in February should now be helping to run an existing change 4 Life / physical activity club for the least active children, or setting one up to run this Summer term.

If they require any assistance in doing so, please ask them to speak to their Change 4 Life Club mentor who will be able to help them in this process. If any mentors need any assistance, please contact Claire or Elizabeth.

At the end of the Summer term, the schools will be asked to report back on attendance numbers of their clubs as this is a requirement of the training provided. All schools involved were asked to report back at the end of the Spring term, and again will be asked to do so at the end of the Summer term.



CPD session....

On Wednesday 23rd May we have organised a primary school CPD and networking event. Here we will have a look at: 'Achieving 60 active minutes for every child', the Active School Planner and registering on the School Games website. This training is required if any schools (primary / special) wish to apply for the School Games Mark award in 2017-2018.

The session will be from 3.30pm—5pm at Blacon High School. To book your place on this session, please go to www.chesterssp.co.uk

School Games Mark (www.yourschoolgames.com)

We would like to remind all schools that the 2018 School Games Mark application window opens on **Wednesday 09 May 2018 10am** and will remain open until **Friday 03 August 2018**. All of the necessary guidance documents, including the criteria, and a glossary of key terms are available via your resource library on the School Games website. (www.yourschoolgames.com).

If you would like to make a head start on your application you can do so by completing the following tasks on your dashboard between now and the window opening in May:

- Complete your Inclusive Health Check
- Enter your School Games Day event
- Register for the Active School Planner and create a heatmap of your activity (Primary only).

We have organised a drop in session on Tuesday 12th June 3-4.30pm at Blacon High School if you want some help on the application process or just want to ask questions.

Active School Planner (<https://activeschoolplanner.org/>)

As mentioned above, the creation of a heat map on the Active School Planner is a requirement on the School Games Mark application for primary schools. The Active School Planner is a free to use tool, primarily for primary schools but available to all, designed to track and improve physical activity levels in your pupils.

The Chief Medical Officer for the DfE recommends that all children take part in 60 minutes of physical activity a day, 30 minutes beyond the school day and 30 minutes within the school day.

Please register onto the Active School Planner website and have a go at creating the heatmap for your school. It is recommended that you create a heatmap of your sports hall usage, so that you can see where the gaps are, so that it can be utilised to the full.

Once completed, you will be able to see how active your class / school is and then look for possible ways of increasing the physical activity to meet the 60 active minutes a day recommendation.

A TOOL FOR PRIMARY SCHOOLS TO TRACK AND IMPROVE PHYSICAL ACTIVITY LEVELS IN THEIR PUPILS

- Activity Heatmap Tool**
A self-review tool to look at where and how the school is increasing physical activity and reducing sedentary behaviour in pupils
- Activity Tracker**
Use the Active Lives: Children and Young People survey to measure physical activity levels in your school.
- School Improvement**
Evidence that explains the link between increased physical activity and improved educational outcomes
- Signposting and guidance**
Find guidance and best practice to continue to make improvements to your provision
- Physical Activities Library**
A growing body of practical ideas submitted by active schools
- Active School Report**
An action plan to support your school's progress towards becoming an active school

PE & School Sport Premium—DfE Guidance.

How to use the PE and sport premium

Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport you offer.

This means that you should use the premium to:

- Develop or add to the PE and sport activities that your school already offers.
- Build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years.

There are 5 key indicators that schools should expect to see improvement across:

- The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school.
- The profile of PE and sport is raised across the school as a tool for whole-school improvement.
- Increased confidence, knowledge and skills of all staff in teaching PE and sport.
- Broader experience of a range of sports and activities offered to all pupils.
- Increased participation in competitive sport.

For example, you can use your funding to:

- Provide staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively.
- Hire qualified sports coaches to work with teachers to enhance or extend current opportunities.
- Introduce new sports, dance or other activities to encourage more pupils to take up sport and physical activities.
- Support and involve the least active children by providing targeted activities, and running or extending school sports and holiday clubs.
- Enter or run more sport competitions.
- Partner with other schools to run sports activities and clubs.
- Increase pupils' participation in the School Games.
- Encourage pupils to take on leadership or volunteer roles that support sport and physical activity within the school.
- Provide additional swimming provision targeted to pupils not able to meet the swimming requirements of the national curriculum.
- Embed physical activity into the school day through active travel to and from school, active playgrounds and active teaching.

You should not use your funding to:

- Employ coaches or specialist teachers to cover planning preparation and assessment (PPA) arrangements - these should come out of your core staffing budgets.
- Teach the minimum requirements of the national curriculum - including those specified for swimming (or, in the case of academies and free schools, to teach your existing PE curriculum)

PE & School Sport Premium—DfE Guidance cont'd.

Accountability

Ofsted inspections

Ofsted assesses how primary schools use the primary PE and sport premium. They measure its impact on pupil outcomes, and how effectively governors hold school leaders to account for this.

You can find details of what inspectors look for in the 'effectiveness of leadership and management' section of the 'Ofsted schools inspection handbook 2015'.

Online reporting

You must publish details of how you spend your PE and sport premium funding. This must include:

- The amount of premium received.
- A full breakdown of how it has been spent (or will be spent).
- The impact the school has seen on pupils' PE and sport participation and attainment.
- How the improvements will be sustainable in the future.

For the 2017 to 2018 academic year, there is a new condition requiring schools to publish how many pupils within their year 6 cohort are meeting the national curriculum requirement to swim competently, confidently and proficiently over a distance of at least 25 metres, use a range of strokes effectively and perform safe self-rescue in different water-based situations.

This condition has been added in response to recommendations from the Swim Group, who reviewed curriculum swimming and water safety in primary schools.

To help you plan, monitor and report on the impact of your spending, it's recommended that you download a template to record your activity. The Department has commissioned partners in the physical education and school sport sector to develop a template, which is available at:

The Association for PE—<http://www.afpe.org.uk/physical-education/evidencing-the-impact-guidance-template/>

Youth Sport Trust—<https://www.youthsporttrust.org/PE-sport-premium>

Accountability reviews

Accountability reviews will be carried out after the *April deadline for schools to have published details* on their websites of how they have spent their premium funding. We will sample a number of schools in each local authority, with the schools chosen based on a mix of random selection and prior non-compliance with the online reporting requirements.

If any primary school needs any assistance with documenting the PE and School Sport Premium, please contact Claire or Elizabeth and we will help you in this process.

The DfE have confirmed that the 'double' funding will continue for the 2018-2019 academic year.

Dates for your diary 2017-2018

April

Primary Schools

Secondary Schools

Primary & Secondary

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|---------|-----------|----------|--------|
| 2 | 3 | 4 | 5 | 6 |
| 9 | 10 | 11 | 12 | 13 |
| 16 | 17 | 18 | 19 | 20 |
| 23 | 24 | 25 | 26 | 27 |
| 30 | | | | |

May

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|---------|--------------------------------------|---|--------|
| | 1 | 2 Yr 3&4 Diamond Cricket Competition | 3 | 4 |
| 7 | 8 | 9 Yr 5&6 Tri Golf Festival | 10 Yr 3&4, 5&6 Key Steps Gymnastics | 11 |
| 14 | 15 | 16 | 17 | 18 |
| 21 | 22 | 23 Primary CPD / Networking session | 24 Yr 5&6 Quad Kids Athletics Competition | 25 |
| 28 | 29 | 30 | 31 | |

June

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|---------------------------------------|--|--|--------|
| 4 | 5 | 6 | 7 | 8 |
| 11 | 12 School Games Mark drop in workshop | 13 Yr 5&6 Kwik Cricket 'A' Competition | 14 Yr 5&6 Kwik Cricket 'B' and Girls Competition | 15 |
| 18 | 19 | 20 | 21 Yr 3&4 Mini Red Tennis Competition | 22 |
| 25 | 26 | 27 Year 5&6 Orienteering | 28 | 29 |
| | | | | |



Chester School Sport Partnership
Blacon High School
Melbourne Road
Blacon, Chester
CH1 5JH

Phone: 01244 371475 ext 130 / 131

Fax: 01244 374279

 @ChesterSSP

School Games Organisers:

Claire Smedley & Elizabeth Newstead

claire.smedley@blaconhigh.cheshire.sch.uk

enewstead@blaconhigh.cheshire.sch.uk



Don't forget to follow us on Twitter for all the latest pictures and updates.

 @ChesterSSP

Website: www.chesterssp.co.uk

Providing opportunities for every young person to shine'

Art Competiton

All schools are invited to send in entries to us for a poster design about one or all of the School Games values (self belief, respect, determination, honesty, passion or teamwork). The winning entry will be published on the SSP website, the newsletter and on shown at the Sports Awards evening in July. There are no maximum number of entries that schools can send in, but we ask for only one entry per child.

The only requirements are:

- The artwork must be no bigger than A3 paper
- The artist must write his / her name, age and school on the back of the poster
- Any medium

The deadline for entries to be posted to us at Blacon High School is Friday 15th June.

