



Newsletter



March 2020

Welcome to the Chester School Sport Partnership newsletter. Thank you to everyone who has supported the Cheshire and Warrington School Games county final events which have taken place over the last few weeks. Unfortunately the last week of events was postponed due to COVID-19, but we will hopefully be able to hold these finals later in the year.

As for the events for the rest of the academic year, we have nothing planned now before Easter, and we will update schools after the Easter break as to when events will commence again. Our website is still 'live' for you to book onto events for the summer term, please do enter them still.

In light of the current situation, please still encourage children to remain active. There are lots of websites full of activities for the children to do by themselves or with their families. The Change 4 Life Disney activities are fantastic ones to try.

<https://www.nhs.uk/10-minute-shake-up/shake-ups>

It is important for their physical and mental health to remain active.

10 Minute Shake Up games

Change4Life and Disney have teamed up again to bring you new Shake Up games inspired by Disney and Pixar's Toy Story 4 and Incredibles 2, and Disney's The Lion King and Frozen. These 10-minute bursts of fun will really get your kids moving and count towards the 60 active minutes they need every day!

Play our new Shake Up games!

School Games Mark

The School Games Mark window opens on 6th May 2020. To help you in the application process, please read the criteria for the application and make sure that you have plans in place for the rest of the summer term. There are things that you can do now, to make the application easier, such as (for primary schools) completing the heat map for this year on the Active School Planner

(www.activeschoolplanner.org), or completing your Inclusive Health Check on the School Games website (www.yourschoolgames.com).

Please have a look at the guidance document for the School Games Mark and the criteria, to familiarise yourself with the School Games Mark for 2019-2020.

SCHOOL GAMES MARK 2019/20 CRITERIA

The School Games Mark is now in its 9th year and continues to reward schools and other educational establishments for their commitment to and development of competition, school sport, physical education and physical activity. The following criteria will help all institutions assess themselves across bronze, silver and gold levels of the award and, for those schools that can demonstrate a sustained high level of delivery, the Platinum award.

In order to achieve any level of the School Games Mark, schools and educational establishments for the academic year 2019/20 must meet the following prerequisites for young people in years 3-13:

Increasing Engagement in School Games

- Have a system in place to track young people's participation in the School Games inclusive of physical activity.
- Have tailored opportunities that attract less active young people to participate in physical activity.
- Have completed the Inclusive Health Check tool as accessed on your school's dashboard on www.yourschoolgames.com. This is available end of September 2019. It is recommended that this is completed by the end of the Spring Term 2019.



Cheshire & Warrington County School Games

The Winter School Games occurs over a variety of locations and dates in the spring term. We would like to say a huge thank you to all the teachers, helpers and supporters who have been involved with the events from school level, through to the district events and also the county finals. We would not have been able to run such successful events without all your help and dedication, so thank you very much!. Well done to all schools that have taken part, no matter what position you finished in, well done for your dedication, commitment and passion for the sport and taking part.

New Age Kurling

Congratulations to Dee Banks School who finished in third place in the New Age Kurling county final on Thursday 13th February in Crewe. Great teamwork, well done!



Quick Sticks Hockey



The Year 5&6 Quick Sticks Hockey competition took place at Alderley Edge Hockey Club on Wednesday 11th March. Representing Chester we had The Kings Junior School and Guilden Sutton Primary School.

There were some very talented hockey players all round, the standard of hockey was tremendous.

Well done to The Kings School who were crowned county Champions, and to Guilden Sutton who came in 4th place.



Sportshall Athletics



The Sportshall Athletics events were held on Monday 9th March at Ellesmere Port Sports Village.

In the primary event and coming in a brilliant second place were Saughall All Saints Primary School. The training and dedication certainly worked, with some fantastic scores.

In the secondary events we had four teams, with Queens Park High School year 8 boys finishing as county champions. Results were:

Year 7 girls: Christleton High School—2nd place.

Year 7 Boys: The Kings—7th place.

Year 8 Girls: The Queens—5th place

Year 8 Boys—Queens Park High School—1st place.

A massive congratulations to the teams taking part, a great start to the Winter Games events!



Tag Rugby



The Year 5&6 Tag Rugby competition was held on Thursday 12th March at Reaseheath College in Crewe. Representing Chester we had Waverton and Saughall All Saints primary schools. Both teams played extremely well in windy and cold conditions.

Waverton came joint second in their pool, but just missed out on the semi finals with the other team scoring more tries in the early games.

Saughall All Saints won their pool and progressed through the semi finals, and then to the final against Upton Priory Primary School. It was a fantastic final with both teams playing to their best ability, Saughall finished second but they should be very proud of their achievements.



Well done to both teams on a great event.

Girls Rugby

The U13 Girls Rugby was held in the afternoon after the tag rugby event at Reaseheath College. Tarporley High School represented Chester in this event, which included girls from across the county, some rugby players and some not.

After some rugby training, they played a few games, where Tarporley finished in 3rd place. Well done girls! Excellent effort.



High 5 Netball



The last of our School Games county final events to be held was the Year 5&6 Netball competition. Representing Chester was Hoole Primary School who have a history of fantastic netball players and teams in their school. The eventual winners were Davenham School, with Hoole finishing in 2nd place in the Plate. Well done!

Change 4 Life Clubs

The School Games website has plenty of resources on Change 4 Life clubs which are free for all schools to download.

If you are struggling for ideas on an activity club for the 'inactive' or least active children in your school, then the Change 4 Life Club is a great idea that can be flexible to suit the needs and wants of the children in the club.

Please do have a look at all the resources that are available.

www.yourschoolgames.com

In reference to the Change 4 Life Champions training day on 22nd April, we will update all schools after Easter as to whether this will go ahead.



introducing your activity pack

Change4Life Sports Clubs have been designed around a clear need to increase physical activity levels in less active children by developing a new type of sports club. We want to create an inspirational environment to engage less active young people so that over time they start to take part in school sport and carry on with lifelong physical activity.

Your deliverer's activity pack includes:

- 1. A set of 16 activity cards**
You have 12 activity cards relating to a theme, and at the back of the pack, 4 activity cards to use for warm up activities.
Every card is designed with support from national governing bodies of sport to include skills and activities related to their Olympic and Paralympic sports.
They include:
 - An image of the activity in action
 - Clear instructions on how to play
 - Equipment required - you'll find everything in your equipment pack
 - Spirit of the Games icons
 - Sporting connections - how the skills involved in the activities relate to specific sports
 - Fun facts about Olympic and Paralympic sports to get children thinking!
- 2. A guide to the contents of each card**
So you can find your way around the activity cards quickly and easily, we've provided a guide to what's on the front and back of each card.
- 3. A sport skills matrix**
The matrix indicates the range of sport specific skills used within each game and the sports they relate to. There are also some ideas for using the matrix within your planning and delivery.

How to use your activity pack
Use this pack in conjunction with your Change4Life Sports Club guide and the young person's 'Get Going' logbook. These activities will provide the foundation for a school based sports club that will retain the interest of the young people involved and prepare them for taking part in School Games opportunities and lifelong enjoyment of sport.

Dates for your diary 2019-2020 (Subject to change)

April

Primary Schools

Secondary Schools

Primary & Secondary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22 Change 4 Life Champions Training	23 Year 5&6 Tri-Golf Competition	24
27	28	29 Year 3&4 Diamond Cricket Competition	30 Year 3&4, 5&6 Key Steps Gymnastics Competition	

May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5	6	7	8
11	12	13	14	15
18	19	20 Inclusive Tennis Festival	21 Year 5&6 Quad Kids Athletics Competition	22
25	26	27	28	29

June

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
8	9	10 Year 5&6 Kwik Cricket 'B' and Girls competitions	11 Year 5&6 Kwik Cricket 'A' Competition	12
15	16	17 School Games Mark application session	18 Year 3&4 Mini Red Tennis Competition	19
22	23	24 Year 5&6 Orienteering Competition	25	26
29	30			



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Don't forget to follow us on Twitter for all the latest pictures and updates.



Website: www.chesterssp.co.uk

If you no longer wish to receive the Chester School Sport Partnership newsletter, please can you notify us on enewstead@blaconhigh.cheshire.sch.uk or claire.smedley@blaconhigh.cheshire.sch.uk and we shall remove you from our mailing list.

'Providing opportunities for every young person to shine'

End of Spring Term Surveys

Thank you to all the schools who have completed your end of spring term surveys, whether that is online via the survey monkey or secondary schools with direct email.

If you have not done so, please can you complete the survey within the next few days. We are still required to report back on the events and activities that have happened during the school term as a condition of our funding.

This has a direct impact on our programme, so please do spend a couple of minutes completing it for us.

Many thanks.

Chester School Sport Partnership End of Spring Term Reporting 2019-2020

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1. Do you have, or will you have by the end of this term, an active School Sport Organising Crew (school sport council)?

☐ Yes

☐ No

2. Have you run or do you plan to run a Change 4 Life Club (or a club for non-sporty / less active / inactive children) this term? If the answer is yes, please specify the