

change 4 life Week

Starting Monday 10th May 2021

**Click on the link below and select the tab for
KS1, KS2 or secondary. Then click on the
resource you wish to use / download.**

https://docs.google.com/spreadsheets/d/1l_0s48G-fln5E0vQnfhTa7Ht-3slPE5E/edit#gid=1562068266

**You can use the resources as you wish and do not need
to stick to the timetable shown. You can also pick and
choose whatever resources fit best with your school.**

**If you wish to look further for any Change 4 Life
resources, please visit:**

<https://www.nhs.uk/change4life>

