

# Chester SSP



# SCHOOL

October 2021

Welcome to our first edition of the Chester School Sport Partnership newsletter for this academic year. Welcome back and we hope that you all had an enjoyable summer. This term is going by so quickly already.

Newsletter

With restrictions eased at the moment, we have the green light to run events and competitions again. The focus this year from the Youth Sport Trust is on children who have been most affected by COVID. We will organise a variety of events but some of them will not be the traditional 'A' team events. This year we have four different event categories:

Inspire—traditional 'A' team events for the most competitive children with a pathway to the county final.

Aspire—competitive B/C team events with a pathway to the county final.

Celebrate—non competitive events for the least active pupils, with a pathway to the county final.

SSP events—these are for member schools only. The events are for any pupils you wish to take part, without a pathway to the county final (excluding cricket which is part of the Cheshire cricket programme)

Please visit our website https://www.chesterssp.co.uk/ if you wish to enter any primary school competitions are events this year.

To try to reduce any COVID risk in our events, please can each school: bring their own sanitiser which is to be used between all matches and activities, bring their own first aider, minimise the number of spectators and try to maintain social distancing where possible.

If you have any new PE subject leads in your school, or you have changed roles, please do let us know so that we can update our distribution lists. We are happy to meet with, or have a virtual meeting with any person new to the role to explain a bit about what we do and the School Games. Please do contact us.

#### Latest Government Guidance

The link to the latest Government Guidance for schools can be found below. This information covers self isolation, bubbles/mixing, face coverings and control measures.

https://www.gov.uk/government/publications/actions-for-schools-during-the-coronavirus-outbreak/schools-covid-19-operational-guidance

## Active Recovery Hub

The Youth Sport Trust are still committed to providing support for schools and practitioners in helping children and young people make an active recovery post-COVID and we are clear about the importance of PE, sport and physical activity in helping that recovery happen.

They have made some changes to the Active Recovery Hub with the introduction of video content and playlists for use in lessons, in the playground, in the sports hall and in the home. Ensuring every child gets the physical, social and emotional benefits of moving.

https://www.yourschoolgames.com/active-recovery/

## Join in the Celebrations in July 2022

Next summer not only brings UEFA Women's EURO 2022 to England, but also a selection of exciting footballing activities for schools to get involved in.

From 11-17 July 2022, schools across the country are encouraged to get involved with UEFA Women's EUROs both inside and outside the classroom – so why not book a trip for your school to watch a match during this exciting week and join in the celebrations?

Concession tickets start from just £5 and for every nine concession tickets purchased, one adult goes for free.

Schools who book before 8 October will also have the chance to win a Trophy visit – a great way to get your students excited ahead of watching the action live!

For further information and to book your tickets click below.

#### https://www.thefa.com/competitions/uefa-womens-euro-2022/schools

## Virgin Mini Marathon

Schools are invited to be part of something amazing by running, jogging, walking or wheeling 2.6 miles in their schools between Monday 27 September and Friday 22 October.

Children and young people up to the age of 18 can participate and they can complete the 2.6 miles in whatever way is appropriate for their age and abilities. Every child who takes part – up to 500,000 – will receive a free commemorative pin badge as well as lots of other resources. Find out more:

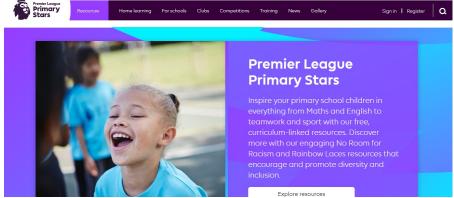
https://www.virginmoneylondonmarathon.com/the-event/mini-london-marathon-in-schools

## School Games Mark Update

The Youth Sport Trust aim to communicate any update on the award and criteria following October half-term. In the interim they can confirm that they are looking at re-instate the Bronze, Silver, Gold and Platinum awards.

#### Premier League Primary Stars—New Planning Toolkit

The Premier League is launching the first phase of new PE planning and delivery resources through its flagship education programme, Premier League Primary Stars. The Premier League Primary Stars PE Planning Toolkit is a complete package of teaching and learning materials, designed to increase primary school teachers' confidence in planning PE lessons and helping



them to deliver a more inclusive, engaging and high-quality experience for their pupils.

#### https://plprimarystars.com/

#### PE and Sport Premium Funding

As a result of the coronavirus (COVID-19) outbreak, the Department for Education took steps to relax the ring-fencing arrangements for the PE and sport premium in the 2019 to 2020 academic year to allow any unspent grant to be carried forward into the 2020 to 2021 academic year.

On 17 June 2021 the Education Secretary announced a further relaxation of ring-fencing arrangements for the PE and sport premium. This will allow any unspent grant to be carried forward into the 2021 to 2022 academic year.

Any under-spends carried forward from the 2019 to 2020 academic year, and the 2020 to 2021 academic year, will need to be spent in full by 31 July 2022. Schools should factor this into PE and sport premium spending plans. The 2020 to 2021 conditions of grant documents have been updated to reflect this. However please be mindful that this funding is only to be used to enhance the teaching and learning of PE and School Sport.

Please have a look at the link below for further guidance on the PE and Sport Premium funding. https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools

#### Studio You (for secondary schools)

Funded by Sport England, Studio You is a **free** online video platform, designed to get disengaged teenage girls inspired, excited and energised by their physical education. Powered by the award winning This Girl Can campaign, Studio You features curriculum-linked videos, led by on screen experts covering yoga, dance, combat and more. Discover all the insight, resources and guidance the platform provides to help get every student moving by exploring Studio You today https://www.studioyou.co.uk/



Discover free video-based PE lessons for girls aged 13-16. Studio You features a vide range of fun and engaging videos for PE teachers to use within their lessons. He offer accessible and inspirational content that is suitable for every fitness level, delivers an engaging curriculum and empowers every student to move.

# CPD OPPORTUNITIES

#### The FA Secondary Teachers Award / The FA Primary Teachers Award

Minimum age: 18 Duration: 3 hours Cost: FREE

#### ABOUT THE COURSE

The FA PE Team are delivering CPD for Teachers, the courses are designed to increase confidence in the delivery of engaging, inclusive, high-quality Physical Education lessons through the invasion game of football.

The course will offer some practical examples of implementing a progressive and holistic PE curriculum alongside some hints and tips on delivering High-Quality Teaching and Learning in PE lessons.

There are some fantastic resources to accompany the course and will be delivered by qualified teachers.

Dates of courses will be released soon. Courses will be delivered locally.

If you would like further information or would be interested in attending either course then please get in touch with Claire Smedley claire.smedley@blaconhigh.cheshire.sch.uk



## **Playground Leaders and Sport Ambassadors**

This year we have partnered up again with Judith Gilmour at CEPD to deliver the Playground Leaders training within your school (Member schools only). The training will also incorporate the Sports Ambassador training which we usually run separately.

We will be contacting you shortly to book your school in for the training.

Once trained, please do use your leaders to help deliver lunch time or break activities, help at sport events, intra school competitions and your sports days.

The Ambassadors will help to run your sports council / school sport organising crew and help with pupil voice in your school.

Don't forget that 2022 is the Commonwealth Games in Birmingham, and we hope to incorporate some of the Commonwealth Games values into our events and training.

# Skipping in Schools

Later this year we will be launching a skipping project for the secondary schools. Keep any eye on your inboxes for information on what is involved and we will be delivering some skipping ropes to your school.

This is aimed primarily to children in year 7 and 8 and those who have most been affected by the COVID pandemic.

For the primary schools we will continue with the skipping project in your schools and will update you later this term on what is involved.

# Teach Active CPD Session

Date: Thursday 11th November 2021. Time: 4.00 — 5.00pm. Live On-Line CPD Session. Cost: FREE

Course Overview:

As more schools join the mission to become an active school and / or begin to introduce the 'Creating Active Schools Framework', the course explores the role physical activity has to play—and in particular how physically active learning can significantly impact on well-being and academic achievement.

If you need any further information on the course or wish to book a place, please contact Claire or Elizabeth.





West Cheshire Athletics Club—Cross Country Races

# West Cheshire Athletics Club Schools Cross Country Race Series 2021/22. At Ellesmere Port Sports Village, Stanney Lane, Ellesmere Port, Races Start at 10am.

Dates of Fixtures:

Saturday, September 25 Saturday, October 2 Saturday, November 6 Saturday, November 27

Races for the following Girls and Boys year groups: Year Three, Year Four, Year Five, Year Six, Year Seven, Year Eight.

Medals will be presented to the first three finishers in each race.

The first three finishers from each school in each race will count as a team towards a team score based on their positions, and the team event will be held over four rounds.

Awards will also be presented to the top three finishers overall in each age group after four rounds.

Each pupil from each school will be provided with a race number which should be attached to the front of their T-shirt/vest.

Each participating school should provide a representative/team manager at each round.

Further details from Dennis Wall at West Cheshire AC. Tel: 0151 201 1254.

Email: dennis.wall1@ntlworld.com

Please note the change of date for round three.



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School Games Organisers: Claire Smedley & Elizabeth Newstead claire.smedley@blaconhigh.cheshire.sch.uk enewstead@blaconhigh.cheshire.sch.uk



Don't forget to follow us on Twitter for all the latest pictures and updates.



Website: www.chesterssp.co.uk

If you no longer wish to receive the Chester School Sport Partnership newsletter, please can you notify us on <u>enewstead@blaconhigh.cheshire.sch.uk</u> or <u>claire.smedley@blaconhigh.cheshire.sch.uk</u> and we shall remove you from our mailing list.

Providing opportunities for every young person to shine'

**Primary Membership** 

If any primary or special schools wish to become a Member School of Chester School Sport Partnership and has not done so already, please can you return your agreement form to Claire Smedley at your earliest convenience.

Thank you.