



Newsletter



November 2021

Welcome to our second edition of the Chester School Sport Partnership newsletter for this academic year, we hope that you had a good half term break.

Thank you to the schools who have registered on the Koboca website. <https://www.koboca.co.uk/>

If you have not yet done so, please do so at your earliest convenience. There should only be one registration per school, so please share with your colleagues. We are hoping to release the first Cheshire and Warrington survey soon, and all schools need to be registered to access it. For those that have already registered, please do have a look at the website to look at any virtual events and it's use as a survey tool. If you have any queries, please do contact us.

Our primary competitions and events are now in full swing for the year. We have an event every week through until Christmas and we are looking forward to seeing you all soon.

We would like to say a thank you to the schools that have been to our events for following our measures of sanitising hands between games and for reducing any social interactions as much as possible. This is particularly important as we move to the indoor events of the year. Of course, please always follow the Government guidance in place at the time of your event.

Please can all schools complete their Inclusive Health Checks on the School Games website. This is now live for you to complete for this year.

Finally if you are / or have any new PE subject leads in your school please do contact us and we can help you to understand a bit more about the School Games and what we do. We appreciate that for those who are new to the role, that there is a lot to take in. But we are here to help, so please just ask us.

Updated PE and Sport Premium Guidance—28th October 2021

Please refer to the link below for the latest Government guidance on the PE and Sport Premium funding for 2021-2022.

<https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools>

If you need any help and advice on evidencing the impact of the PE and Sport Premium funding, please do contact us and we can arrange to meet with you.

Touch Rugby Competitions

On Wednesday 6th and Thursday 7th October we held our first competitions since the start of COVID. We had 21 teams take part in our year 3&4 and 5&6 touch rugby festivals at Chester Rugby Club.

It was an absolute delight to see all the children having fun friendly games, with huge smiles on their faces, and just it was just fantastic to see inter school sport back in Chester again.



Thank you to all the teachers who supported their teams, and of course to the referees from CEPD and Chester Rugby Club for hosting us on their astro-turf pitch.



Commonwealth Games Resources—Queen's Baton Relay

These printable educational resources have been developed to bring the celebration of the Queen's Baton Relay into schools. There are three different resource packs aimed at Reception, Key Stage 1 and Key Stage 2, which provide learning opportunities to be explored in the classroom and extend to home learning. They will develop children's understanding of the Queen's Baton Relay, focus on the messages of solidarity, hope and community and improve understanding of the Commonwealth through cross-curricular activities. The activities will also develop transferable skills in communication, confidence building, presentation, research and more. Please have a look at the link below.

https://www.birmingham2022.com/queens-baton-relay/?fbclid=IwAROXqDaZD_fyib0_D03qNSkCJI4bORBbUAu99aRTtrfkLodXjuGgXZ5xgPc

Quick Sticks Hockey



Well done to Mickle Trafford Primary School for winning the Year 5&6 Quick Sticks Hockey competition at Upton High School on Thursday 21st October.

We had 11 schools take part in the event which was umpired by some fantastic leaders from Upton High School. A couple of the leaders are actually Welsh International hockey players, so the children who took part in the competition were receiving coaching tips from the very best. They were excellent role models for the primary school children.

Thank you Judith Gilmour and the coaches from CEPD for their help on the day and to Upton High School for use of the facilities. Thank you to all the teachers and children for a great afternoon of hockey!

Inclusive Health Check

The Inclusive Health Check on the School Games website has been updated to ensure content is meaningful as pupils adjust back to school post-COVID. It is a fantastic and insightful way of helping schools to review inclusive practice at the start of the academic year. Your health check for the previous year can also be found on the School Games dashboard. Please visit <https://www.yourschoolgames.com/> and complete yours today.

CPD

Please keep an eye on our website for any CPD courses <https://www.chesterssp.co.uk/cpd/>
We have a Teach Active webinar on Thursday 11th November from 4-5pm. To register your interest please do so via the bookings link on the website.

School Games Mark

We are still awaiting further information on the School Games Mark for this year. As soon as we receive any communication on this, we will let you know.



Playground Leaders Training—Member Primary Schools

The Playground and Young Ambassador training for member primary schools will be delivered to each school in the autumn or spring term by CEPD. Judith Gilmour or Tom Mulligan will be contacting all member schools to arrange suitable dates for you. This will be for children in year 6, unless they received it last year and it will then be delivered to year 5.

CPD FA Primary & Secondary PE Courses

Primary PE Course Description

This course provides an introduction to the skills, knowledge and understanding required to plan and deliver high quality KS1 or KS2 Physical Education lessons. The course will also demonstrate how the vehicle of football can be utilised to deliver certain aspects of the National Curriculum. The course will also explore the Physical Education Purpose of Study at KS1 and KS2 linking relevant subject content to support and accelerate pupil learning.

N.B. This course is not a football specific course, it is structured around planning and delivering high quality Physical Education

Please note this is a practical course, if you require any further information please contact us.

DATE: Tuesday 16th November 2021
VENUE: Northgate Arena, Victoria Road, Chester CH2 2AU
TIME: 1.30pm – 4.30pm
COST: Free of Charge

Secondary PE Course Description

The course will provide practical examples which will enable learners to develop their knowledge, understanding and application of:

- Physical Education being more than just physical and technical development of pupils
- Learning domains and The FA 4 corner model
- Using 'Learning through Games' approach to create a fun and engaging PE environment
- Using games with a clear purpose linked to aims of your curriculum
- Using games to promote learning across all 4 corners
- How games can be used in a variety of combinations to form your lesson structure

DATE: **Tuesday 30th November 2021**
VENUE: **Northgate Arena, Victoria Road, Chester CH2 2AU**
TIME: **1.30pm – 4.30pm**
COST: **Free of Charge**

N.B. This course is not a football specific course, it is structured around planning and delivering high quality Physical Education

Please note this is a practical course, if you require any further information please let me know.

If you would like to attend either of these courses then please can you contact Claire Smedley with the names of the teacher/s.

Top Sportsability

TOP Sportsability is a free online resource for schools and offers practical advice to teachers, learning support staff, and other sports practitioners. It consists of video clips and downloadable content showing ideas and strategies around the inclusion of young disabled people in physical activity

Topsportability has now been updated and is now accessed through the Youth Sport Trust website -

<https://www.youthsporttrust.org/top-sportsability>—please use the area code: **YSTINCLUSION7** to access the resources. Once you have access to the website, you will see that it is split into sections.

- **User Manual** - Introduces TOP Sportsability and provides a user guide to the resource and overview of models of inclusion.
- **Disability Sports** - Introduces a range of disability sports and adapted games including three current Paralympic sports.
- **Sports Adaptations** - Provides suggestions and resources to help practitioners adapt a range of more traditional or mainstream sports.
- **Wheelchair Skills** - An introduction to basic wheelchair movement skills and how this knowledge can be transferred across a range of sports-specific wheelchair-based activities.
- **Elements** - Introduces a range of activities for young people who have profound and complex needs.

The key aims are to provide:

The TOP Sportsability Disability Sports and Adapted Games activities are designed to introduce young people to a wide range of inclusive activities. These games are specifically aimed at creating opportunities in support of physical education and school sport and community-based programmes such as the School Games.

The Disability Sports and Adapted Games section includes three current Paralympic sports. Wherever possible, activities are linked to National Governing Body and National Disability Sports Organisation entry-level programmes.

The original TOP Sportsability programme has been revised and enhanced with additional resource material and some new activities.

- ▷ BOCCIA
- ▷ GOALBALL
- ▷ VOLLEYBALL AND SITTING VOLLEYBALL
- ▷ POLYBAT
- ▷ TABLE CRICKET
- ▷ INCLUSIVE ZONE BASKETBALL
- ▷ TEE BALL
- ▷ BEAN BAG GAMES
- ▷ NEW AGE KURLING

Please do have a look, the website has plenty of useful resources which you can download and use within your school.

Top Sportsability New Age Kurling: Ever Decreasing Circle

YST TOP SPORTSABILITY

This introductory, warm-up game helps players to develop the best way (for them) to deliver the Kurling stone.

What you need

- New Age Kurling stones & pusher sticks if required.
- Chalk, marker discs
- Flat, indoor playing area

How to play

- Arrange the group in a large circle, facing inwards (depending on available space)
- Mark a large target circle in the centre; this can be in chalk or using marker discs (but ensure discs do not obstruct players' target pathway)
- Either in turn, or all together, players deliver their stones so that they come to rest inside the circle
- Once every player has delivered their stone, reduce the size of the circle (eg. quickly draw a second smaller circle inside the first; use a different colour or rub out the first circle)
- Or, simply move the marker discs to create a smaller target circle.
- Players continue to deliver their stone, reduce the circle target size at the end of each 'round'
- Count stones on the line as 'in'

Ways of Playing

- Players can deliver stones in different ways, including:
- holding the stone by the handle with a one-handed 'bowling' action
 - pushing the stone using the pusher stick
 - using a ramp or similar to roll the stone

Think about

- Finding the right way of sending the stone for YOU!



NGB Updates

British Triathlon are proud to introduce their Active Skills For Life Curriculum pack, supporting teachers to achieve Primary PE and Sport Premium Key Indicators.

The pack gives teachers everything needed to deliver fun and rewarding activities, uniquely developed to meet the requirements and expectations of the National Curriculum for PE at Key Stage 2.

Powered by British Triathlon, Active Skills For Life makes the world of swim, bike, run accessible, educational and rewarding by providing a range of resources for children, clubs, organisations and schools, supporting them to be active and learn valuable skills that will last a lifetime.

Find more information here: www.britishtriathlon.org

England Handball

CPD for Teachers and Students

England Handball has an extensive offer of handball specific courses for both teachers and students.

Courses for [Teachers](#)

Courses for [Students](#)

British Dodgeball is excited to announce that entry into their Schools Championships events are now open! With over 33 events already booked in and an aim of a total of 43 competitions to be run from October 2021 to May 2022, there are plenty of opportunities for schools to get involved. The event is open to teams of 10 children, and is aimed at children in Year 6 (but those younger can compete at the discretion of the competing school). To find their nearest championship event and more information about the Schools Championships, visit the [website](#) and view the Schools Championships [guide](#). The entry form can be found [here](#).

The RFU is delighted to be able to promote their updated Rugby Union Offer for Secondary Schools and sixth forms. This playing offer has a format of rugby suitable to the wants and the needs of students, ranging from our non-contact format (The Touch Union) to reduced contact (XRugby) and contact formats. These formats mean that there is a version of rugby suitable for every student in every school. To find out more about these formats in the School Games please click [here](#). With further supporting material on the [playlist](#) and the my school games website.

British Gymnastics are excited to relaunch their programme for 2021, with an exciting new addition for £60 per academic year. On registration a school will receive:

- A complimentary Rise Activation Pack of their choice
- Access to Rise Hub, an innovative online platform with skill videos and progress tracking
- Online CPD workshops
- And much more

For more information visit www.british-gymnastics.org



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Don't forget to follow us on Twitter for all the latest pictures and updates.

 @ChesterSSP

Website: www.chesterssp.co.uk

If you no longer wish to receive the Chester School Sport Partnership newsletter, please can you notify us on enewstead@blaconhigh.cheshire.sch.uk or claire.smedley@blaconhigh.cheshire.sch.uk and we shall remove you from our mailing list.

'Providing opportunities for every young person to shine'

Pan-Disability Football

CHESTER FC PAN-DISABILITY FOOTBALL

Inclusive weekly coaching sessions for ages 7-15

When? Tuesdays, 5pm - 6pm

Where? Goals Soccer Centre, Talbot Way, Chester CH1 4LT

Who? Young people aged 7-15 with a sensory, learning or physical disability

How much? £4 per session - advance booking essential

To register email community@chesterfc.com or contact us for more information



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