Day	Theme	Activity ideas	Other links	Teacher Tips	Inclusion 2024 Programme
Monday		Try these activities which are matched to our different School Games participation groups. Can your pupils Be Active for at least 60 minutes every day?	Use our 60 Active Minutes tracker to help your pupils understand how much physical activity they take part in throughout the week.	Choose from almost 500 actvities on the Active Recovery Hub such as 'Move Crew', 'Active Board Games' and 'Power Jump Challenge'.	Teacher CPD: 3:30pm till 4:15pm - Lufta and pupils with SEND: Teaching values through sport and immersive digital stories.
Tuesday		Try a new activity – look at different sports/activities and give them a try! This is a great way of introducing inclusive sports or activities from a Commonwealth country.	The TOP Sportsability programme offers resources and video content detailing a great number of adapted sports and inclusive activities (Code - YSTINCLUSION7)	If you are a PE Subject Leader reflect on your inclusive provision by completing the 2021/22 'Inclusive Health Check' on your School Games Dashboard.	Teacher CPD: 3:30pm till 4:30pm - Youth Voice: interactive panel session with young people with SEND sharing their experiences.
Wednesday		Lead an activity at break time - using some of these ideas or their own, children can be given the chance to volunteer their time to help others.	Choose more challenges and actvities from the Active Recovery Hub to try out at break times.	Have you seen the fantastic 'Leadership through the School Games - Adapting to Change toolkit'? Great for developing this in school.	Teacher CPD: 3:45pm till 4:30pm - Autistic Girls and wellbeing- webinar with Limpsfield Grange School; the UK's only school solely for autistic girls.
Thursday		Connecting pupils through actvity - start in pairs before taking on team challenges, these activities will help social skills and problem solving.	The Youth Sport Trust's PE Activity Ideas page has a number of resources which develop partner and group working.	Use the Change 4 Life Adventure Activity Pack to find additional team actvities such as 'all for one, one for all' and 'seated team score'.	Teacher CPD: 3:45pm till 4:30pm - Virtual Pool- connect with schools and pools to discuss school swimming and water safety; led by Marjorie McClure special school.
Friday		Help bring pupils attention to their surroundings when taking part in physical actvity through these simple tasks - whether at school, home or out and about.	Bring the outdoors to life at home with these great forest environments activities from Forestry England	Can you extend use of your school grounds by setting up a simple trail/orienteering course using these brilliant resources from British Orienteering?	A release of free to access, digital SEND inclusion in PE and school sport content for all those that sign up for any one or more of the days above ^

Place2Be's CHILDREN'S MENTAL HEALTH WEEK 2022
SCHOOL GAMES
CHESHIRE & WARRINGTON SCHOOL SPORT ALLIANCE
Active Cheshire
Getting hearts beating faster for 30 years
CHESHIRE & WARRINGTON SCHOOL GAMES NETWORK
Chester SSP