



Newsletter



December 2025

Welcome to our December edition of the Chester School Sport Partnership Newsletter.

We have had a busy term with over 1,700 children attending our sports competitions / events. Thank you to all the teachers and support staff who have come along to our events and helped with your teams.

If you have not yet had the chance to look at the Koboca website and survey your children, please do so. The information that your school will be able to view will be extremely useful and helpful for your school. Please contact us if you need any help. <https://www.koboca.co.uk/login/>

Our first events in January are the Sportshall Athletics competitions, so please do book onto these now if you have not yet done so, visit our website for all the Spring term events <https://www.chesterssp.co.uk>

We hope that you have a lovely well deserved break over the Christmas holidays and we look forward to seeing you in the Spring term.

Merry Christmas

School Games Mark

The School Games Mark criteria for 2025-2026 is now live on the School Games website. If you have any time over the next few weeks, please take the time to complete the Inclusive Health Check. (This is on your dashboard on the School Games website).

By spending a short time completing the questionnaire now, will save time in the summer when you come to complete the main application.

If you have not applied for the School Games Mark award before, it is very easy to obtain the Bronze award, with just what you are already doing in PE at school.

Some schools go straight to Silver and Gold awards without even doing any additional work to what is already in place at school.

It is expected that all Chester SSP member primary schools apply for this award every year as part of your commitment to PE and Sport in the school. The actual application process in the summer takes less than an hour and is easier to complete than you think.

The application window is open from 29th April to 29th July 2026. We are happy to help complete the forms with you, please just contact us if you need any assistance.

Girls Rugby Festival

On Thursday 27th November Chester Rugby Club hosted a girls only rugby festival in conjunction with the Sale Sharks.

Eighty nine girls from years 4-6 took part in some mini matches and skills sessions led by Sale Sharks players.

A DJ was brought in and the girls had lots of fun playing (and dancing) to some fabulous music.

It was a real festival atmosphere, and all the girls had lots of fun. They went home with a medal, certificate and some England Rugby gifts. The Sale Sharks even gave all the girls a free ticket to watch the women's team play a home match.

Thank you to Chester Rugby Club for such an amazing opportunity for the girls, some of whom are now keen to play more rugby at the club.

A thank you also to Sale Sharks for coaching and refereeing the games and for bringing along two international players who played in the Women's World Cup this year. It was great to have some role models there on the day for the girls to chat to and be inspired by.

It was such a fantastic day for everyone involved!



Sports Ambassador Training.

On Wednesday 3rd December at Hoole Tennis Club, we ran the primary school Sports Ambassador training for 22 children from years 5 or 6.

Here the children learnt about the role of a Sports Ambassador and what they can do back in their schools.

They were tasked with setting up a School Sport Organising Crew, organising a level 1 intra school competition and also helping with the sports notice board.



The children had some brilliant ideas on what to do back in their school, and we look forward to hearing how they get on.

Thank you to all the parents and teachers who brought the children to the event, and to Hoole Tennis Club for use of the facilities.

If you need any help with your Sports Ambassadors, please do contact us.

Ten Pin

Congratulations to Josie from Dorin Park School for appearing in the National Panathlon newsletter.

Josie won first place at our Panathlon ten pin event in the autumn term in Ellesmere Port and really enjoyed the experience.

She enjoyed it so much that it is now her new hobby. She now enjoys bowling with her friends and family!

It is fantastic to see when children come to our events and find a sport that they enjoy and want to continue outside of school. Well done Josie.



School Games website

If you are new to the PE lead role, please sign up to the School Games website. Here you will see regular updates on the School Games and receive termly newsletters. The website includes information on sports formats, resources, available CPD, and events that you have taken part in so far this year. Your dashboard also gives you access to your School Games Mark history and the Inclusive Health Check. Register on the link below, and once approved, you can set your password.

<https://www.yourschoolgames.com/>

Koboca Physical Activity and Wellbeing Survey analysis

If you need any help in looking at your Koboca Physical Activity and Well Being Survey results, please do let us know. The survey can highlight some really interesting information which can help with pupil voice in your school.

You can find out which children want to take part in sports festivals and competitions, who wants to be a sports leader and what sports children want to take part in.

You can also find out how the children travel to school, who is unhappy at school, who doesn't have an adult at school that they feel they can talk to, and those that give up easily when they can't do something.

Please do contact us and we are more than happy to show you how to analyse your results.

YST Class of 2035 & 60 Active Minutes and Physical Literacy CPD

The Class of 2035 is a series of reports from the Youth Sport Trust, first launched in 2015, with a commitment to reassess the landscape every five years. Each edition has provided evidence, sparked debate, and informed action about the challenges and opportunities facing children's engagement with sport and physical activity.

The latest edition of this report (2025), produced in partnership with research agency Savanta, uses artificial intelligence modelling and insights from children's polling to project the consequences of current inactivity trends for the children of the Class of 2035.

It paints a concerning picture of a nation at a crossroads, with inactivity rising and wellbeing declining.

By 2035, if current trends continue:

- **Almost half (48%)** of children will spend three hours or more on screens for entertainment each day, up from 34% in 2025.
- **More than a third (34%)** will fail to be active for even 30 minutes a day, well short of the UK's Chief Medical Officers' guidance of 60 active minutes.
- **Annual Type 2 diabetes diagnoses in children** will double, reaching 500 new cases each year.
- **Obesity rates among 10-11 year olds will surge to 24%** by 2035, with more than 180,000 children classified as clinically obese, up from 22% in 2025.

Schools will see **declining attendance, engagement, and belonging** among the least active pupils.

[Class of 2035 - Youth Sport Trust](#)

We can come and deliver a free CPD session on 60 Active Minutes and Physical Literacy at your school.

If you are a new PE lead at your school, or you want refresher training or a whole staff training session, please do let us know.

Youth Sport Trust Inclusion Week

The Youth Sport Trust, under its Inclusion 2028 initiative, is launching Inclusion Live Week 2026: a free, fully online series of webinars from 26–30 January 2026 to help schools and the School Games network deliver truly inclusive PE, sport and physical activity for pupils with SEND.

Inclusion 2028 was introduced to ensure that pupils with special educational needs and disabilities (SEND) can access high-quality, inclusive physical education, school sport, and activity. It is delivered by the Youth Sport Trust together with partners including ParalympicsGB, Swim England, Activity Alliance, and nasen.

Inclusion Live Week is the main CPD and support offer for practitioners - ideal for PE leads, teachers, support staff, SENDCos, School Games Organisers, and club coaches looking to embed inclusive practice in their schools or settings.

What to expect during Inclusion Live Week 2026

- **Monday 26 January, 15:30–16:30** – Inspiring inclusion through major sporting events
- **Tuesday 27 January, 15:30–16:30** – Unlocking the power of school swimming for young people with SEND
- **Wednesday 28 January, 15:30–16:30** – Creating inclusive environments for neurodivergent young people
- **Thursday 29 January, 12:15–13:15** – Embedding strength and balance in daily life
- **Thursday 29 January, 15:30–16:30** – Designing an inclusive PE curriculum for everyone
- **Friday 30 January, 12:15–13:15** – Creating sustainable enrichment opportunities for young people with SEND

Why the School Games network should tune in

1. Inclusion Live Week offers free, ready-made CPD and guidance, helping schools meet SEND needs and widen access to sport across their networks.
 2. It supports the aims of Inclusion 2028: long-term change to PE and school sport so all pupils, regardless of ability, have chances to participate, lead, and benefit from physical activity.
- By engaging, schools can help increase participation, improve wellbeing, and embed inclusive practice across PE, school sport, clubs and community events.

Visit the [Youth Sport Trust website](#) to register your interest for Inclusion Live Week 2026 - encourage PE leads and SENDCos to sign up. Together, you can help ensure no child is left on the sidelines and that every young person has the opportunity to thrive through inclusive sport and activity.

Schools Cricket Day—23rd April 2026

Cheshire Cricket are excited to invite your school to take part in a nationwide celebration of cricket!

On **23rd April 2026**, just 50 days before the ICC Women's T20 World Cup begins in England and Wales, schools across the country will join in a special **Schools Cricket Day**.

This is a chance for your pupils to:

- Enjoy barrier free cricket activities, tailored for primary, secondary, SEND and ALN schools.
- Explore cricket across the curriculum — from assemblies and classroom projects to games in the playground.
- Access **exclusive digital resources** to help teachers deliver fun, engaging activities.
- Benefit from support by **Chance to Shine, Lord Taverners, Recreational Cricket Boards, and local clubs**.
- Early registrants will unlock bonus resources and the chance for **money can't buy experiences**.

Formal registration opens in January 2026, but you can **express your interest now** by clicking here:

[this link](#) or the QR code below.



ICC WOMEN'S T20 WORLD CUP ENGLAND & WALES 2026

SCHOOLS CRICKET DAY

Help bring barrier-free cricket activity to pupils across England & Wales, we'd love your schools to be a part of it!

SAVE THE DATE
23 APRIL 2026

Scan to express interest

For more information, please contact Owen Williamson - owen.williamson@cheshirecricketboard.co.uk

Super 1s



**ALL DISABILITIES
WELCOME**

AGES 8-18

**FREE INCLUSIVE
CRICKET SESSIONS**

**GET ACTIVE AND
MAKE NEW FRIENDS!**

WHEN:

EVERY TUESDAY

5PM - 6PM

**STARTING 30th
SEPTEMBER 2025**

WHERE:

**CHESTER CATHOLIC
HIGH SCHOOL**

CHESTER

CH4 7HS



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LORD'S TAVERNERS
Empowering young people through cricket

www.lordstaverners.org/super1s

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MERRY CHRISTMAS!



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Don't forget to follow us on X for all the latest pictures and updates.

@ChesterSSP

Website: www.chesterssp.co.uk

If you no longer wish to receive the Chester School Sport Partnership newsletter, please can you notify us on enewstead@blaconhigh.cheshire.sch.uk or claire.smedley@blaconhigh.cheshire.sch.uk and we shall remove you from our mailing list.

'Providing opportunities for every young person to shine'