



Newsletter



March 2026

Welcome to our March edition of the Chester School Sport Partnership Newsletter.

Thank you to all the schools who have been involved in our events this term in the lead up to the Cheshire and Warrington Inspire Games county finals this month.

Schools representing Chester this year at the county finals are: Tarvin, Maple Grove, Dorin Park, St Oswalds, Saughall, Hoole, Bishop Heber, Tarporley High, Bishops Blue Coat, Boughton Heath, Queens, Kings, Abbeygate, Catholic High and Acresfield.

For every school taking part in the county finals, we wish you the best of luck. We look forward to hearing how you have got on and hope that you will share some photographs with us.

Bookings are now open on our website for the summer term events, please do book your place now as events are filling up quickly. <https://www.chesterssp.co.uk/>

Please do take the time to have a look at the School Games Mark criteria this term to make sure you are on track for your School Games Mark award in the summer term. If you complete your Inclusive Health Check on your School Games dashboard now, it will save you time in the summer when you come to complete your application. The window for School Games Mark opens on 29th April.

Activity Alliance CPD

There is a PE CPD opportunity focused on supporting students with Special Educational Needs and Disabilities (SEND). Activity Alliance provides a range of training and guidance to support inclusive PE practice and ensure all pupils can access high-quality physical education.

The **Inclusive PE eLearning module** offers practical strategies, lesson adaptations, and inclusive approaches for PE delivery. You can access it here:

<https://www.activityalliance.org.uk/how-we-help/training-and-education/online-learning/inclusive-pe>

You can also explore additional CPD and resources on the Activity Alliance website:

<https://www.activityalliance.org.uk/>

This may be useful for PE staff, SENCOs, and anyone involved in inclusive physical education.

Year 5 and 6 Sportshall Athletics

On Monday 19th and Tuesday 22nd January we held our sportshall athletics event at Ellesmere Port Sports Village. Here 22 schools took part in the athletics events over 4 sessions. We had some fantastic races over the track and strong field events, a huge well done to all the children for taking part. It was exciting to watch all the action over the two days.

As we need a winner for the county final, every school was competing against the stopwatch / tape measure and the results were inputted into a large spreadsheet to calculate the overall winners.

Winners of our individual events were: Highfield, Saughall, St Martins and Upton Heath.

Overall the winning school was Saughall All Saints, with St Oswald's winning the small schools event. We wish both schools all the best in the county finals!

Thank you to the amazing leaders from Upton High School were a superb help, to the coaches from CEPD and to the brilliant coaches from West Cheshire Athletics Club.



Year 5 and 6 Netball Competition

On Thursday 12th February we held the year 5 and 6 netball competition at Blacon High School. Nineteen schools took part in the 7-aside event.

Winning the event and progressing to the county final was Boughton Heath Academy who won every match!.

All the children played incredibly well in the cold and wet conditions. Thank you to the teachers for supporting the event, the children all had a good time despite the weather.

Thank you to the leaders from The Queens School and the coaches from CEPD for umpiring the matches.

Good luck to Boughton Heath in the county final!



The Year 3 and 4 netball was postponed due to the wet weather. We have re-arranged the date to **Thursday 21st May**. If you wish to enter, please do so on our website. [Chester SSP – Chester School Sport Partnership](#)

Swimming Webinar CPD—for SSP member schools

School Swimming & the National Curriculum – 1-Hour Zoom Session

This is a focused and practical 1-hour Zoom session designed specifically for **primary school PE teachers**.

Led by Louise Johnson who is a **Swim England Educator** and the founder of **Water Safety Matters** – a business built on the belief that water safety education really does make a difference.

During this session, Louise will:

- Clearly **walk you through the National Curriculum requirements for school swimming**
- Explain **what good school swimming provision looks like in practice**
- Share **practical ways PE teachers can support pupils in swimming lessons**
- Help you understand **progression, expectations, and outcomes**
- Answer your questions in a relaxed, supportive environment

Whether you deliver swimming directly or support lessons alongside a provider, this session will give you the **confidence, clarity, and knowledge** to ensure your pupils get the most from their school swimming experience.

England Badminton

A FREE school resource to bring badminton to you!

England Badminton have created a bespoke primary school resource. It aims to support primary schools in integrating the sport into their lesson plans and help pupils understand the world of badminton.

They have created eight subject-led activity worksheets, covering different areas of the curriculum. The aim is that this resource, which is FREE to access and download, can help to inspire children to play, watch and better understand badminton.

[Inspire Initiative - Badminton England](#)



Girls Football Partnership

Secondary CPD online training and FREE resources with equipment:

GO Referee is a programme for **KS4 girls**, using refereeing to build confidence, develop decision-making skills, and grow leadership in a real-world setting.

Whether or not they play the game, girls take on the role of referee — learning how to manage situations calmly, communicate clearly, and stay focused under pressure. It's a chance for pupils to discover a new kind of leadership — one built on fairness, self-control, and respect. It's football, but it's so much more!

www.girlsfootballinschools.org

GO Coach— Using coaching to help girls build confidence, develop leadership, and gain real-life skills.

GO Coach is a fantastic programme for **KS4 girls** that uses football coaching as a practical way to develop communication, teamwork, organisation, and self-belief. The programme helps girls grow as leaders and role models - making a real difference in their schools and communities.



Girls Football Partnership

www.girlsfootballinschools.org

Barclays Game On – GO Play is a week by week resource pack that supports schools to deliver football for **girls in KS3**. Included is 9 ready-made, easy to follow session plans, game cards and top tips to help you meet the needs of all your girls.

This resource minimises planning and preparation time, allows teachers with less footballing knowledge to deliver quality sessions and can also be easily used by your girls' football activators themselves. Sessions focus on having fun, bringing girls together, developing a love of football and building confidence.

If you are interested in any of the secondary programmes log on to www.girlsfootballinschools.org to find out more and sign up to the online CPD.

Primary CPD online training and FREE resources with equipment:

PlayHers

PlayHers is a new football programme, powered by England Football and the Premier League, designed to help **7-11 year-olds** grow in confidence, build essential life skills and enjoy the game, no matter their experience or ability. PlayHers uses the power of football to support girls to develop self-belief, resilience, teamwork and social skills, and take pride in what they are able to achieve both on and off the pitch. On completion of the online CPD, your school will receive an equipment bag free of charge to help you start the programme.

Disney inspired Shooting Stars by England Football has been designed to support girls **aged 5-11** develop their speaking and listening skills through creative play and storytelling, as well as support the development of their physical literacy and introduce them to football.

Primary Curriculum Resources

England Football have created a variety of resources to support and enhance the delivery of high-quality PE in the curriculum. These on-demand resources are available to view and use straight away in your schools.

Primary Teacher CPD

England Football are providing a range of funded continued professional development (CPD) opportunities and courses, suitable for teachers, trainee teachers and those involved in delivering physical education as part of a curriculum.

If you are interested in any of the primary / secondary programmes log on to www.girlsfootballinschools.org to find out more and sign up to the online CPD to access the FREE resources and training.

Teach Active

Working together to bring Active Learning to Chester Schools!

Chester School Sport Partnership are delighted to announce a new joint initiative with Teach Active.

This partnership supports Chester's commitment to **tackling physical inactivity, enhancing pupil wellbeing, and strengthening whole school outcomes.**

By joining forces, we aim to help schools:

- Increase daily physical activity
- Boost whole school wellbeing and engagement
- **Raise standards in Maths and English** through proven, physically active learning approaches

If you want to find out more, and learn about the benefits, Teach Active have organised a series of 20 minute online drop in sessions for teachers and SLT.

During the call you will be shown the Teach Active platform, have an introduction to the theory behind active learning, and how the resources can enrich your curriculum and support improved outcomes.

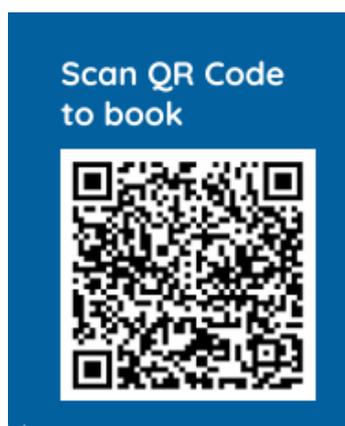
What to Expect

- A clear introduction to Teach Active and how it works
- A live demonstration of key features and example lesson activities
- An overview of the benefits of active learning and its impact on engagement and attainment

Please click the link below to book on at a time and date to suit you:

[Select a Date & Time - Calendly](#)—click to book your place.

Alternatively, scan the QR Code below.



West Cheshire Athletic Club Schools Cross Country Race Series 2025/26

**At Ellesmere Port Sports Village, Stanney Lane,
Ellesmere Port,**

**Registration from 9.30am for school years 3 & 4
And from 10am for school years 5-8.
First Race Starts at 10am.**

**Dates of Fixtures:
Saturday, October 18
Saturday, November 29
Saturday, January 31
Saturday, March 7**

Race Order for the following Girls and Boys year groups:
Year Three, Year Four, Year Five, Year Six, Year Seven, Year Eight.

Medals will be presented to the first three finishers in each race.

The first three finishers from each school in each race will count as a team towards a team score based on their positions, and the team event will be held over four rounds.

Awards will also be presented to the top three finishers overall in each age group after four rounds.

Each pupil from each school will be provided with a race number which should be attached to the front of their T-shirt/vest.

Each participating school should provide
a representative/parent/team manager at each round.
Further details from Dennis Wall at West Cheshire AC.
Tel: 07968 643038. Email: dennis.wall1@ntlworld.com

Inclusion Live Week

Since 2022, the Youth Sport Trust has hosted a week of free online webinars to support practitioners in creating inclusive school sport opportunities for young people with SEND.

If you missed any of the webinars, they have been recorded and you can access them through the link below:

[Inclusion Live Week 26 - Youth Sport Trust](#)

Each recording is accompanied by very useful resources which you can download from the Youth Sport Trust website.



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Don't forget to follow us on X for all the latest pictures and updates.

@ChesterSSP

Website: www.chesterssp.co.uk

If you no longer wish to receive the Chester School Sport Partnership newsletter, please can you notify us on enewstead@blaconhigh.cheshire.sch.uk or claire.smedley@blaconhigh.cheshire.sch.uk and we shall remove you from our mailing list.

'Providing opportunities for every young person to shine'